Developers off-duty

What they're up to after clocking off
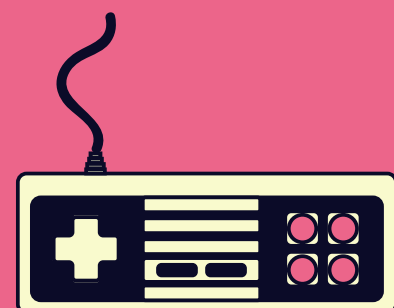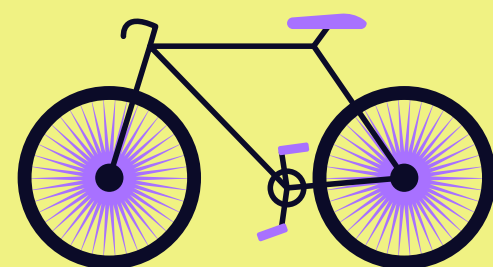
NO FLUFF JOBS ™

Developers off-duty

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Purpose and methodology of the study

Research period:
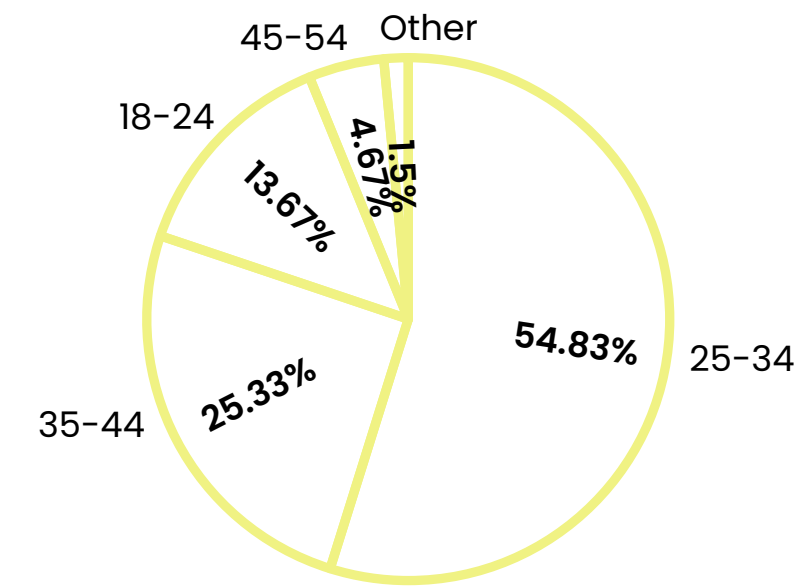14th of July – 31th of August
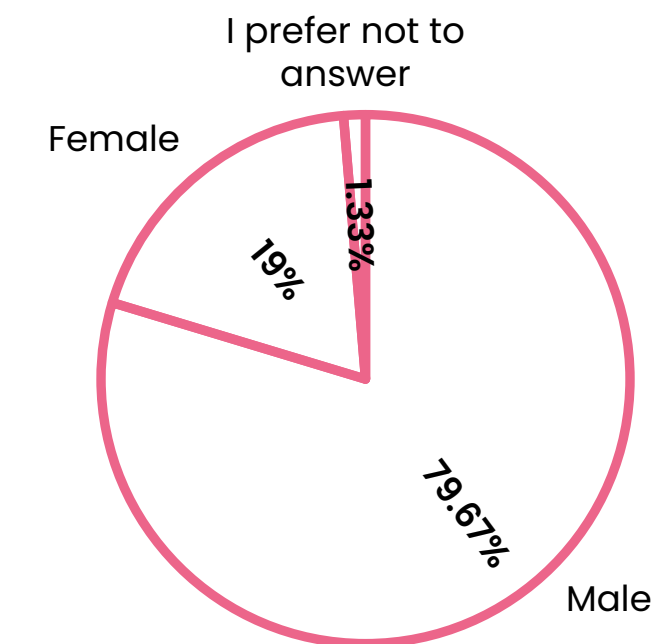
Method:
CAWI

Test sample:
797 respondents

Maximum error:
3%

Countries of residence:
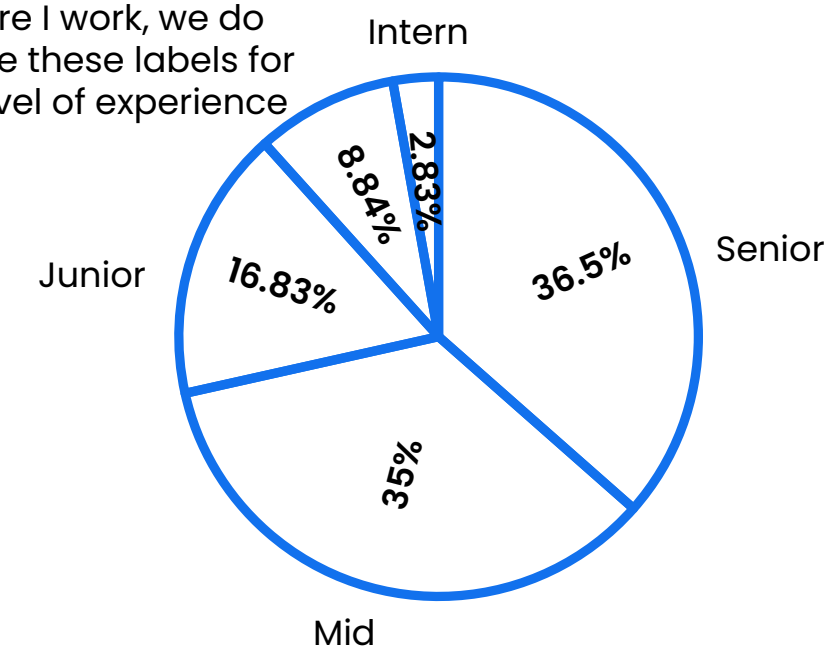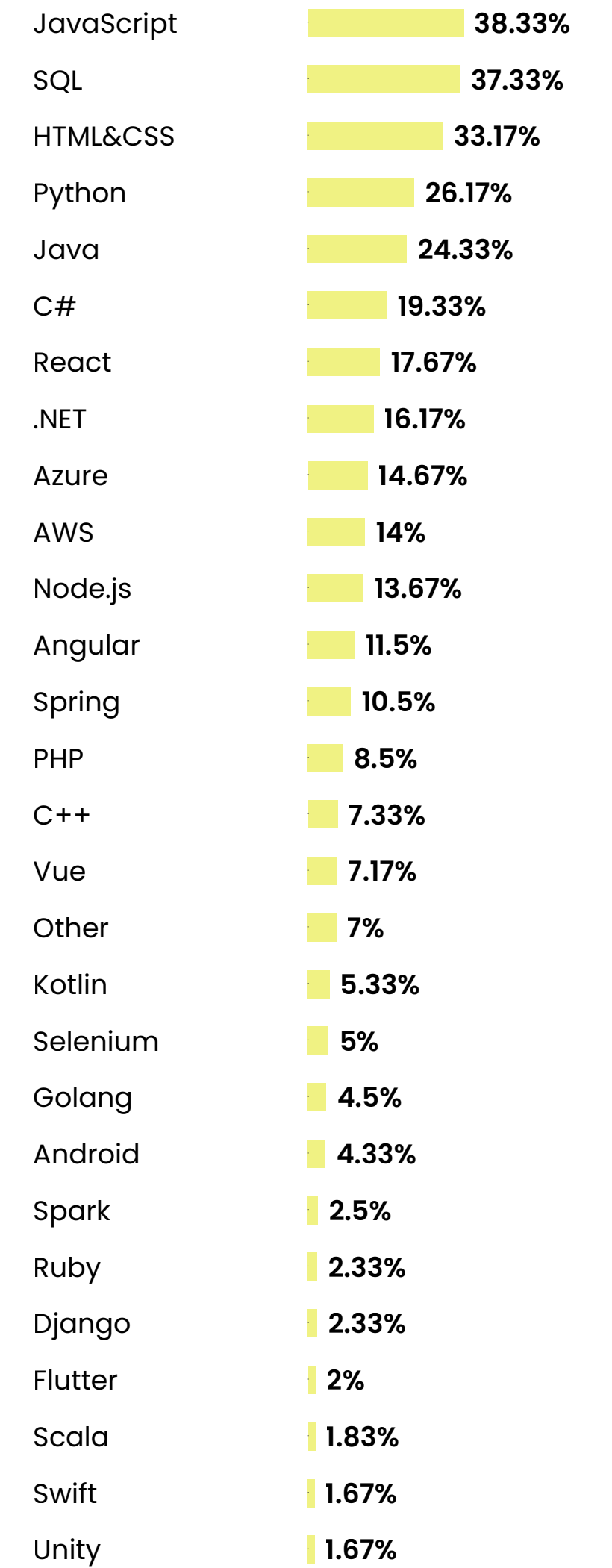Poland, Czech Republic, Slovakia, Hungary, Ukraine

Age:

- Other: 1.5%
- 45-54: 4.67%
- 18-24: 13.67%
- 35-44: 25.33%
- 25-34: 54.83%

Gender:

- I prefer not to answer: 1.33%
- Female: 19%
- Male: 79.67%

Seniority level:

Where I work, we do not use these labels for the level of experience

- Intern: 2.83%
- Junior: 8.84%
- Junior: 16.83%
- Senior: 36.5%
- Mid: 35%

Main technologies and/or tools used by respondents (multiple choice):

| Technology	Percentage
JavaScript	38.33%
SQL	37.33%
HTML&CSS	33.17%
Python	26.17%
Java	24.33%
C#	19.33%
React	17.67%
.NET	16.17%
Azure	14.67%
AWS	14%
Node.js	13.67%
Angular	11.5%
Spring	10.5%
PHP	8.5%
C++	7.33%
Vue	7.17%
Other	7%
Kotlin	5.33%
Selenium	5%
Golang	4.5%
Android	4.33%
Spark	2.5%
Ruby	2.33%
Django	2.33%
Flutter	2%
Scala	1.83%
Swift	1.67%
Unity	1.67%

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SEPTEMBER

The 256th day of the year.

On this day:

Michelangelo started working on his statue of David.

Super Mario Bros was released.

IBM 305 RAMAC was introduced.
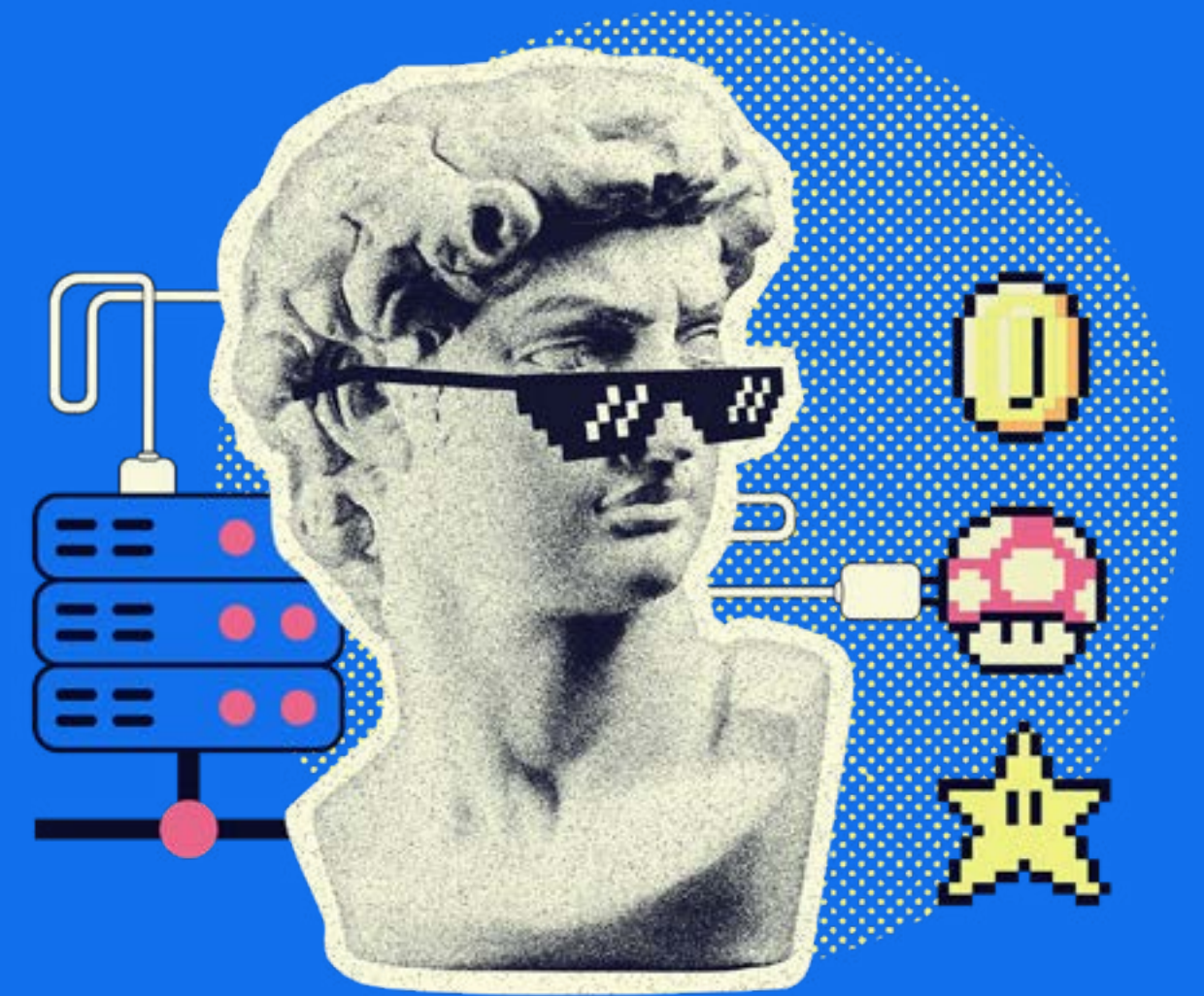
We're celebrating the Programmer's Day! • • • • •

We could throw you a grand party or build a comfy palapa but we're No Fluff Jobs, so we're sticking to our data-driven world. Nevertheless, we were really hoping to get to know you better and perhaps rebut a few stereotypes on how developers spend their free time. Therefore, we're dedicating the whole issue to you – our coding fellows.

Let the festivities begin!
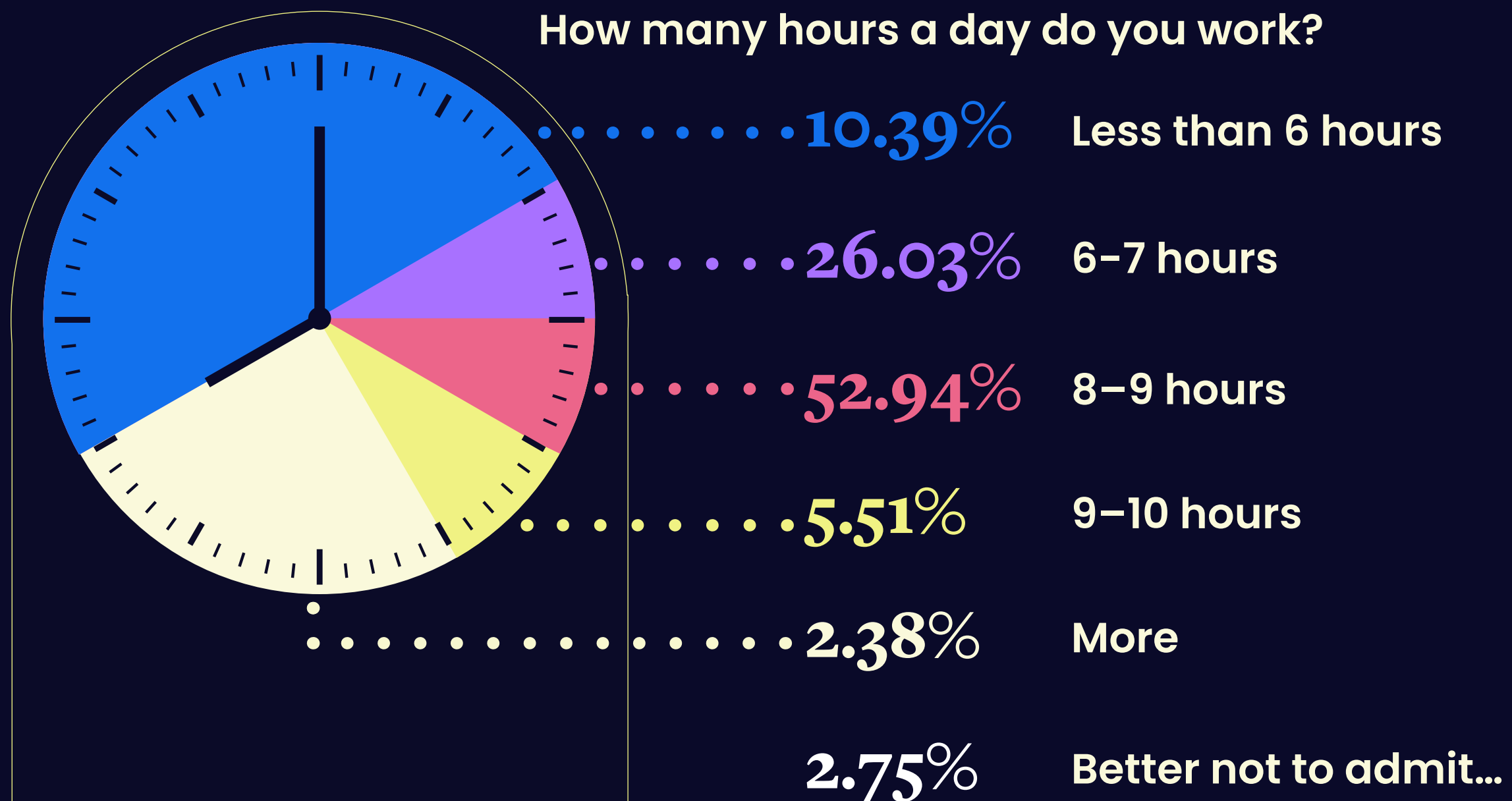**No Fluff Jobs Editorial Team**

Time spent at work

It seems that programmes don't need to be reminded what work-life balance is. Over half of the respondents spend 8–9 hours at work. We would love to meet the lucky 10% though who get their business done in less than 6 hours. However, the real question is: what developers are up to once their clock off?

How many hours a day do you work?

10.39% **Less than 6 hours**

26.03% **6-7 hours**

52.94% **8–9 hours**

5.51% **9–10 hours**

2.38% **More**

2.75% **Better not to admit...**

Hobbies

The range of picked up hobbies is quite tremendous and diverse! Programmers cherish a good movie/TV series/game, active leisure as well as time with the dearest ones.
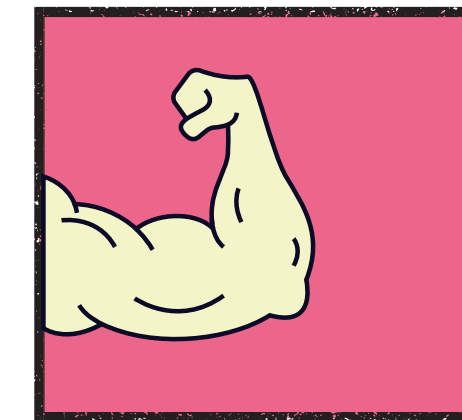
We've gathered a few open responses which included hobbies such as: dog walking, cooking, gardening, photography, working on side projects, playing musical instruments or… sleeping.

39% of our respondents dedicate their free time to self-development. Impressive!

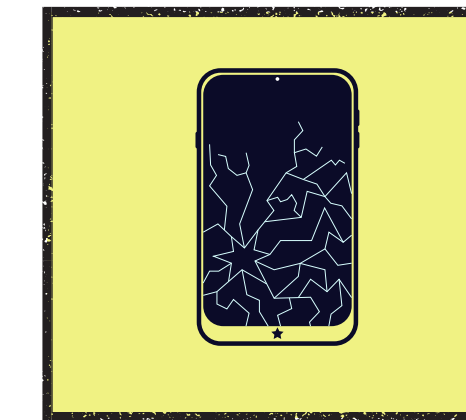## How do you usually spend your free time (multiple choice)
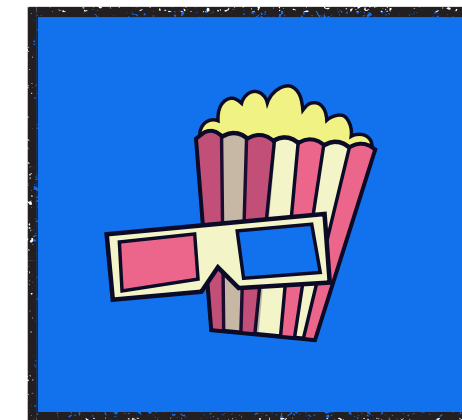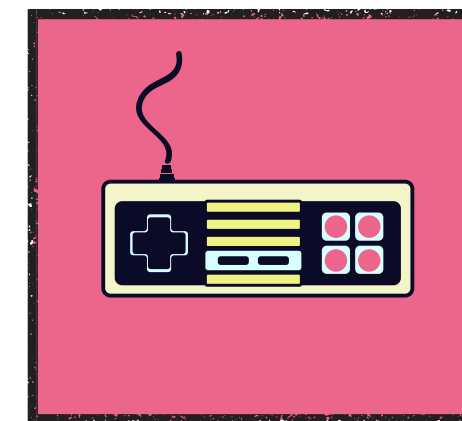
I watch movies/ TV series — **64.77%**

I do sports — **57.22%**

I go out with friends/family — **56.29%**

I scroll my phone (news, social media) — **54.04%**

I play computer/ mobile games — **53.25%**
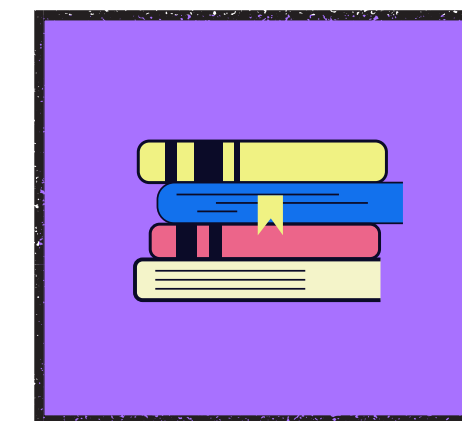
I read — **51.79%**
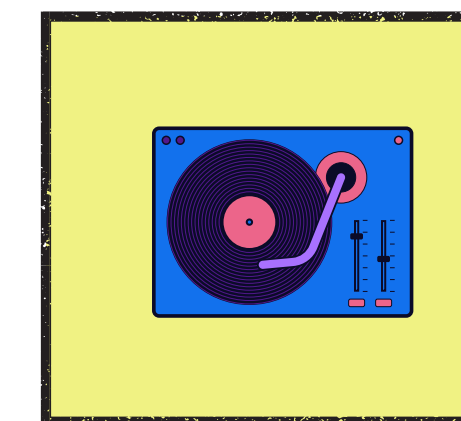
I listen to music — **47.02%**
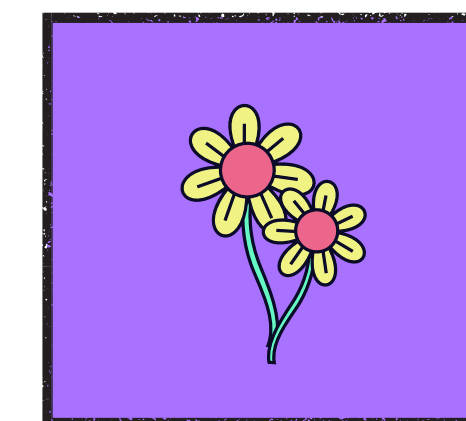
I go for walks — **43.84%**

I devote time to self-development — **39.07%**

I'm traveling — **29.80%**

I listen to podcasts — **28.48%**

I play board games — **21.19%**

I go to the movies /theater/opera/ philharmonic hall — **16.16%**

DYI (knitting/ painting/crocheting etc.) — **12.58%**

I participate in community/charity projects — **7.28%**

Other — **14.70%**

Developers off-duty

Sport

Among an impressive group of sport devotees **(57.22%)**, most of them declare spending some quality time **at the gym**. There's also a huge chance that if you spot a **biker**, they're a developer! Same applies to runners and swimmers. Looks like a coder would make a great triathlete!

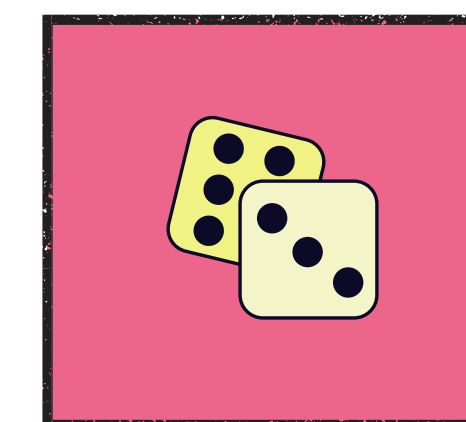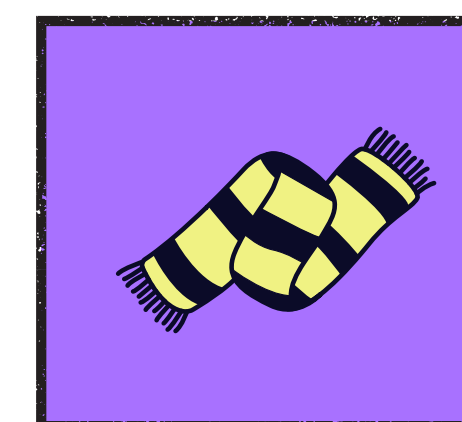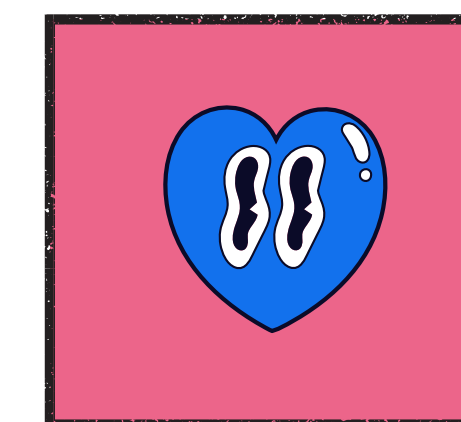Apart from heavy weightlifting and racking up kilometers, developers listed some extra beloved activities such as **yoga, climbing, skating or rollerblading.**

They take their workouts seriously. **40.96%** of the surveyed dedicate 3–4 hours weekly to doing sports. Over **23%** practice 5–6 hours weekly.

How much time per week do you spend doing sports?

- **2.65**% > 1 hour
- **17.60**% 1-2 hours
- **40.96**% 3-4 hours
- **23.37**% 5-6 hours
- **9.40**% 7-8 hours
- **6.02**% More
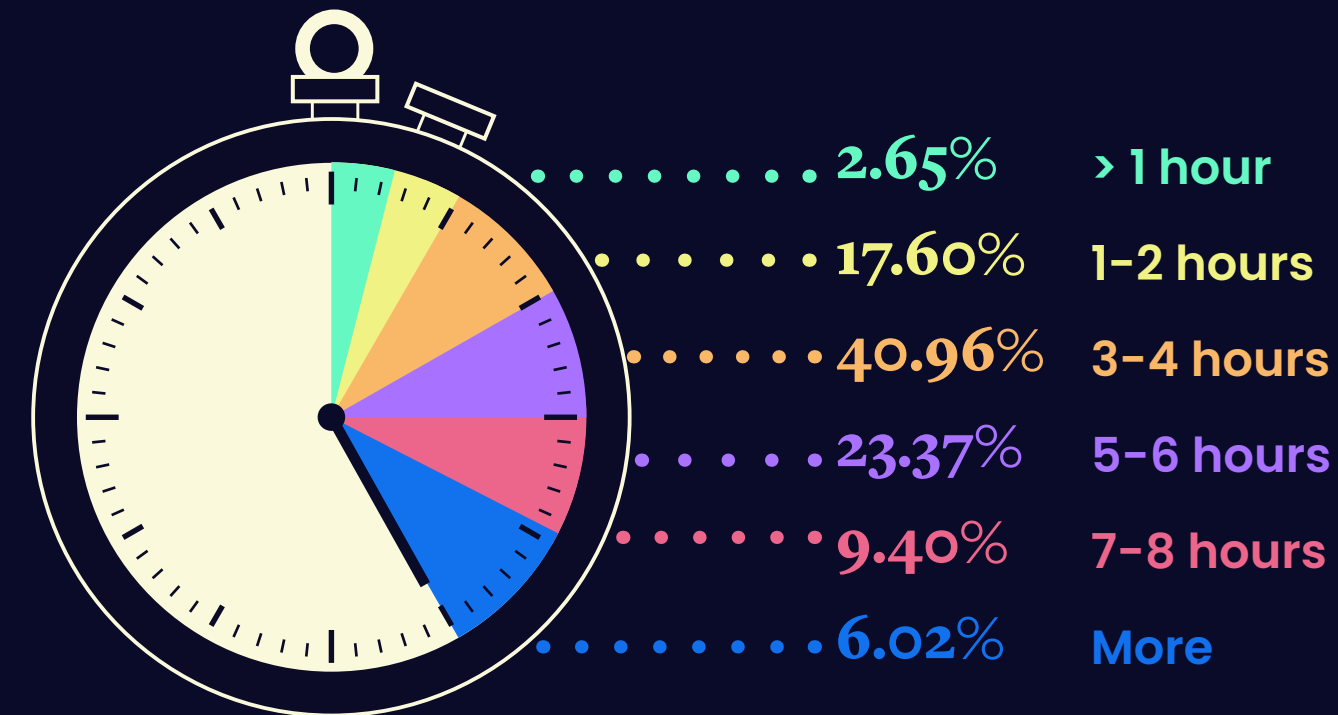
Which sports do you do most often? (multiple choice)

Sport	%
Working out at the gym	50.24%
Cycling	44.74%
Running	35.17%
Swimming	22.01%
Football/soccer	12.2%
Calisthenics	8.61%
Martial arts	8.13%
Squash	7.42%
Tennis	6.46%
Basketball	5.74%
Nordic walking	4.31%
Volleyball	4.07%
Shooting	4.07%
Water sports (kitesurfing, sailing, etc.)	3.83%
Other	19.13%
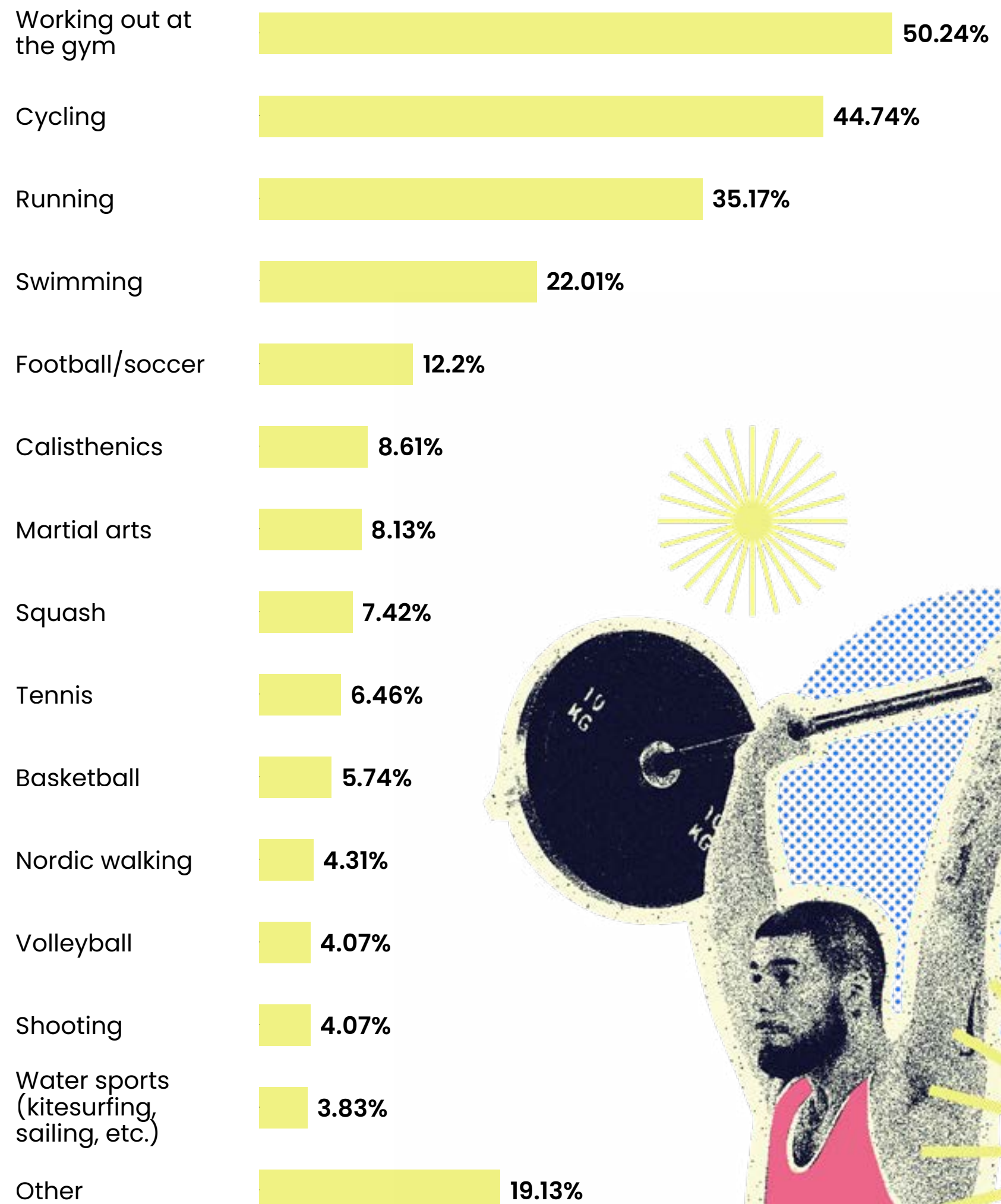
Tv Series & Movies

Although recently Netflix has been struggling with keeping their subscribers (happy), it's still a go-to streaming platform. Interestingly, Disney+ which is available in Central and Eastern Europe since June 2022, has already made it on the podium (thank you, Stars Wars and MCU).

Once developers enter the Netflix & chill zone, they usually immerse into the sci-fi, comedy and fantasy worlds. 32.16% of the respondents spend 4–6 hours weekly watching movies/TV series.
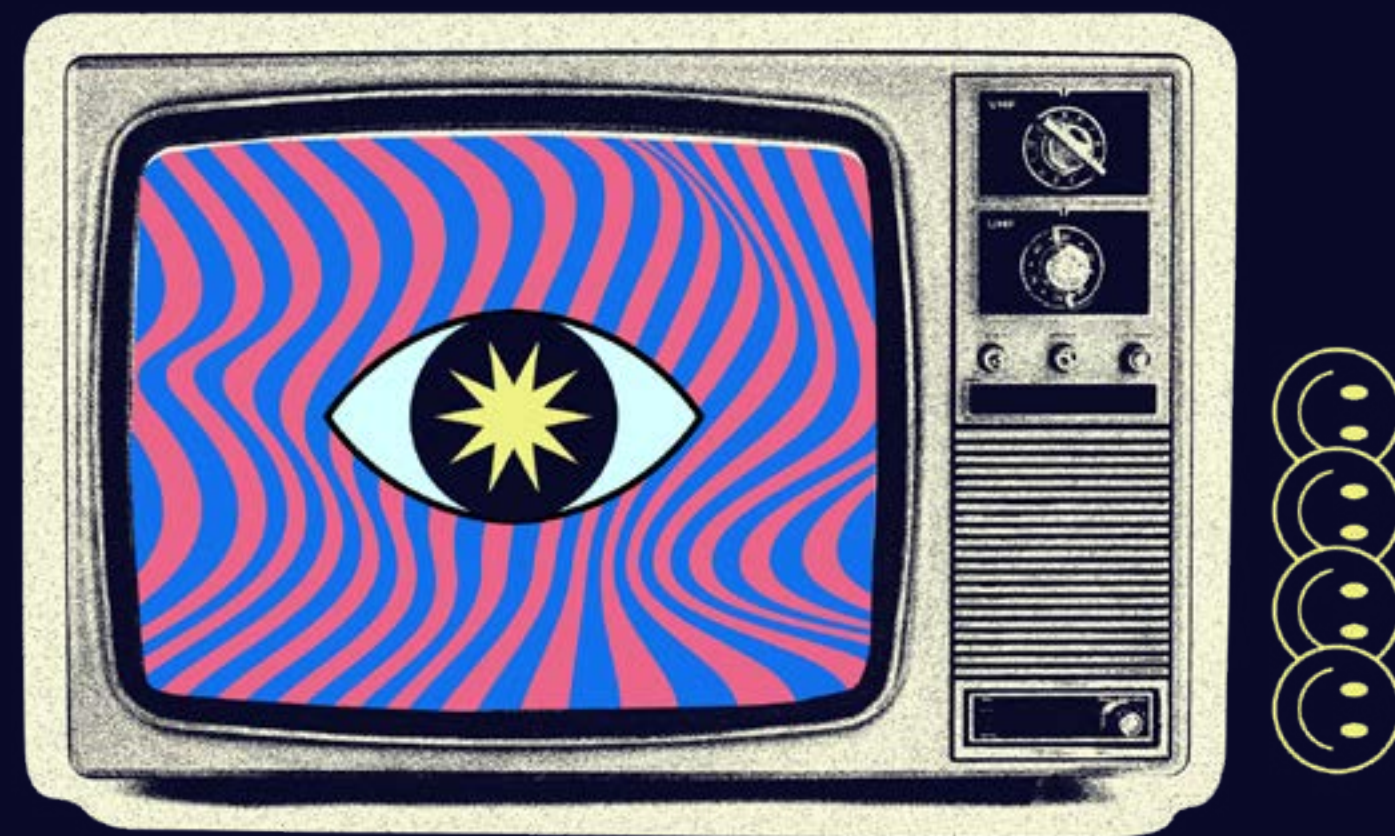
Which streaming platform do you use? (multiple choice)

Platform	%
Netflix	69.06%
HBO Max	40.14%
Disney+	28.78%
Amazon Prime	25.04%
I don't use streaming platforms	17.84%
I prefer to download torrents	16.98%
Apple TV	6.19%
Canal+	3.02%
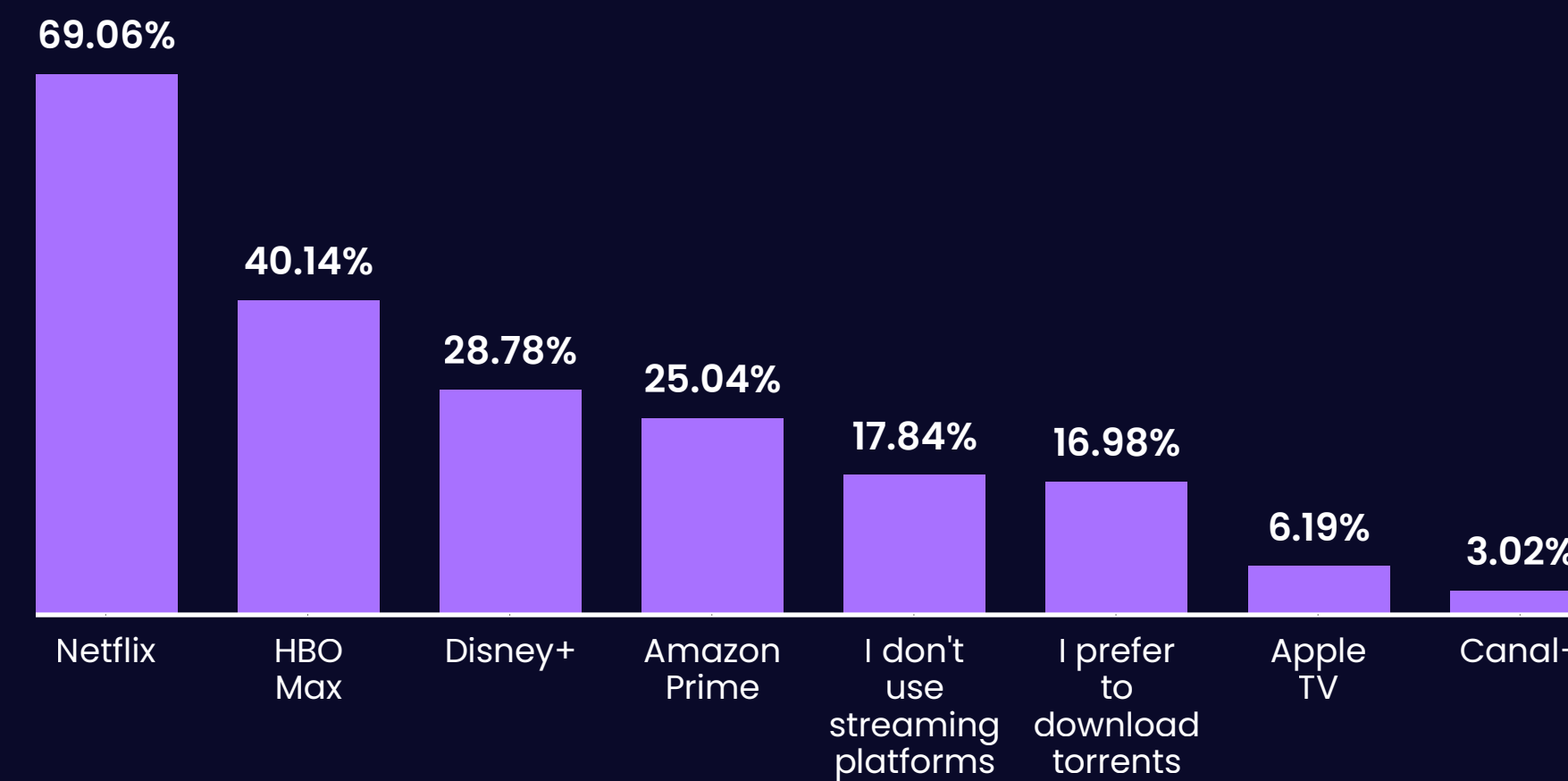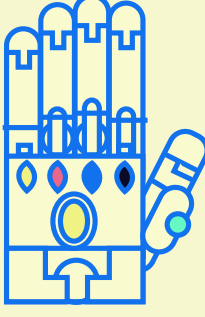
What is your favorite movie genre? (multiple choice)

Genre	%
Sci-Fi	56.55%
Comedy	48.78%
Fantasy	42.16%
Action film	39.57%
Drama	30.94%
Thriller	28.35%
Horror	11.8%
Western	4.03%
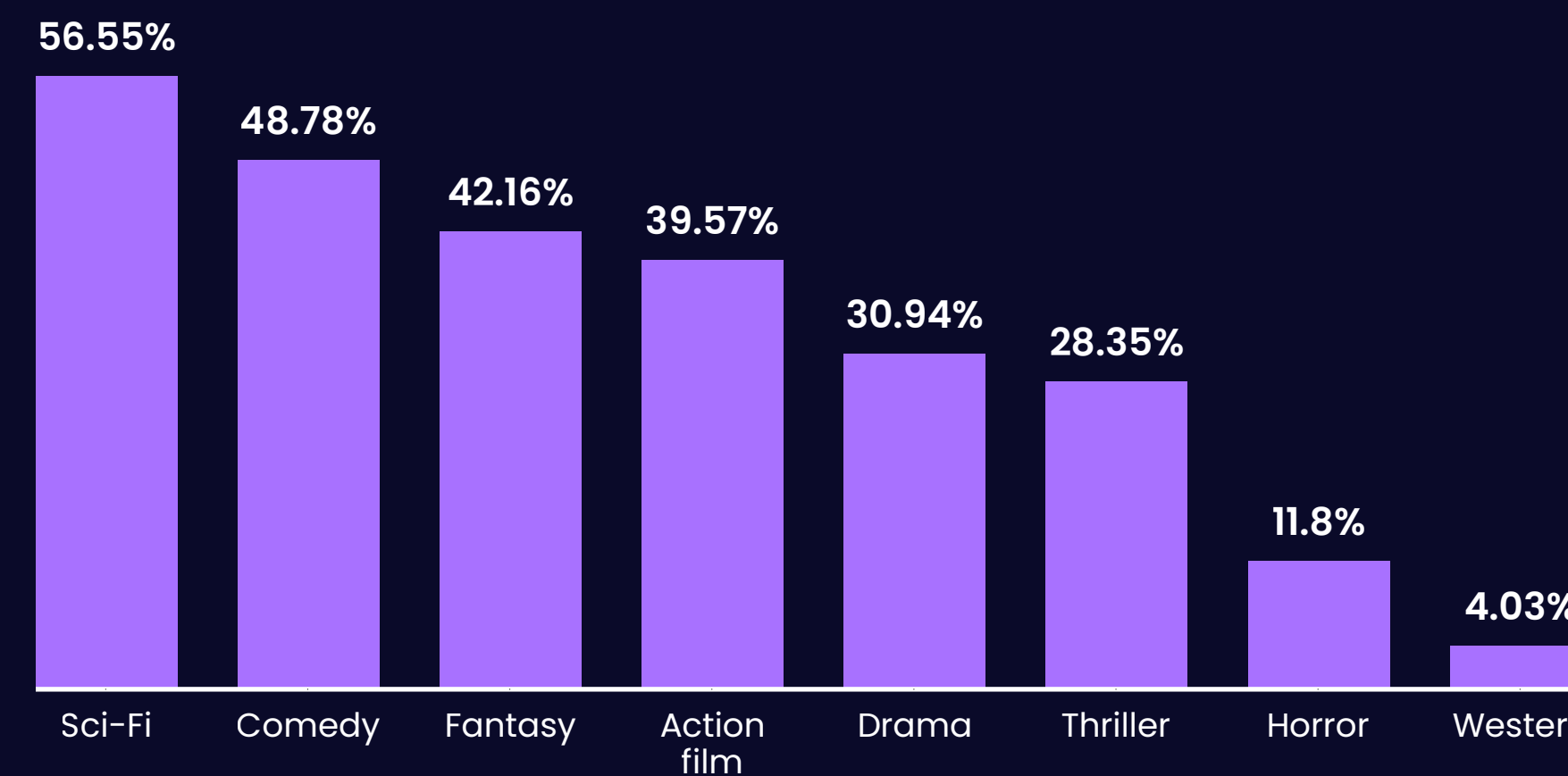
TOP 10 FANDOMS:

We're not surprised at all, but at least now we have it on paper. ;) However, there's one dispute to be settled: Is X-Men part of the MCU?

1 Lord of the Rings	**2** Marvel	**3** Harry Potter
4 Star Wars	**5** Pirates of the Caribbean	
6 James Bond	**7** DC	**8** Star Trek
9 Fast & Furious	**10** X-Men	

TOP 5 TV SERIES:

1 Breaking Bad

2 The Office

3 Stranger Things

4 Friends

5 Better Call Saul

LOTR for the win! Have you found the slow motion scenes in *The Rings of Power* as appealing?

TOP 5 MOVIES:

1 Lord of the Rings

2 Interstellar

3 Matrix

4 Star Wars

5 Antyhing directed by Tarantino

NO FLUFF JOBS CHIEF PEOPLE AND OPERATIONS OFFICE

Paulia Król

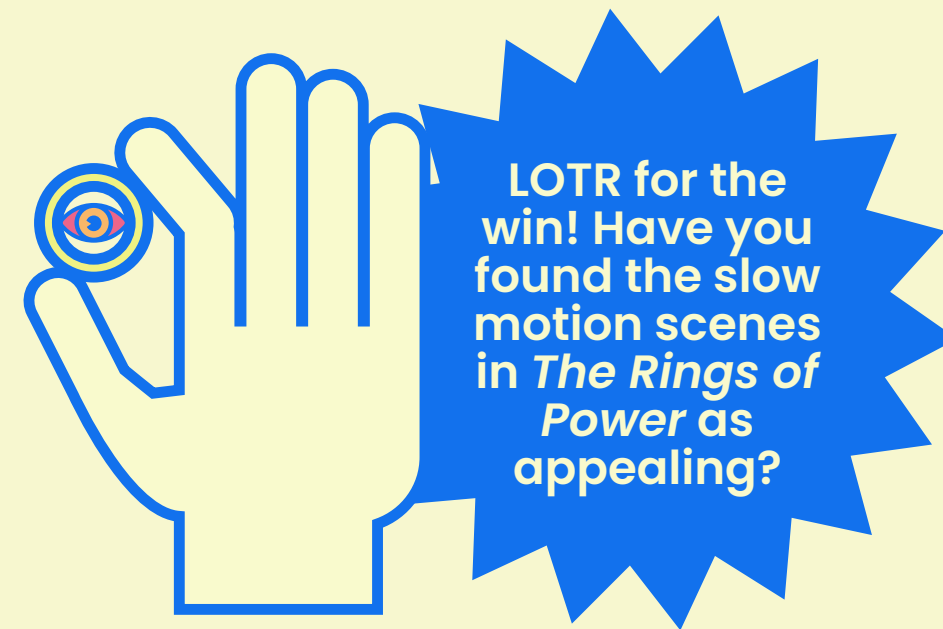At No Fluff Jobs, we've been running a **Wednesday Night Movie Club** since August 2021. How does it work? First, we pick a movie theme (let it be a musical, a guilty pleasure movie, or a classical Harrison Ford masterpiece) and write down our title suggestions. Then we vote for one out of 4 randomly drawn titles. Everyone watches the winner in their free time and then we meet every second Wednesday at 6 pm to discuss it. NFJ provides the club members with a food voucher and so the heated debate begins! We score the movie from 1 to 10. So far, our highest rated movies are: *Inside out* (8.77), *Hamilton* (8.5) and *Raiders of the Lost Ark* (8.16).

Gaming

Developers, what a creative or… bloodthirsty bunch. ;) RPG remains their number one game type (43.14% responses), leaving shooters (31.52%) slightly behind. Interestingly, 20.66% of the respondents claim that they don't play games. If they do though, what do they yield? A keyboard! Surprised? Because we are. However, as you can see, they don't dedicate that much time to playing.

What is your favorite type of game? (multiple choice)

- RPG — 43.14%
- Shooters — 31.52%
- Adventure games — 24.43%
- I don't play games — 20.66%
- Simulators — 20.36%
- Logic Games — 17.95%
- Indie Games — 12.37%
- Skill games — 10.11%
- Sports games — 9.5%
- Combat games — 6.64%
- Educational games — 3.32%

75.9%
Developers prefer to use keybord for gaming.
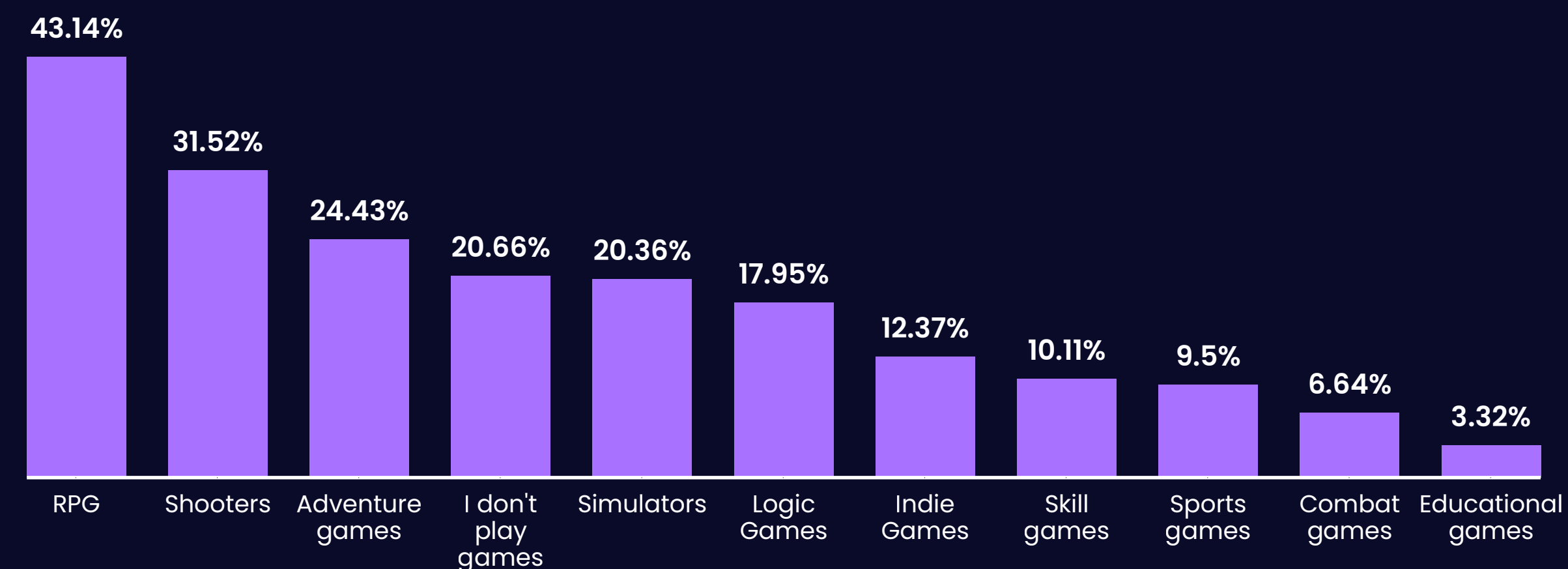
How much time per week do you spend playing?

- 20.43% > 1 hour
- 23.54% 1-2 hours
- 22.18% 3-4 hours
- 13.62% 5-6 hours
- 10.89% 7-8 hours
- 9.34% More
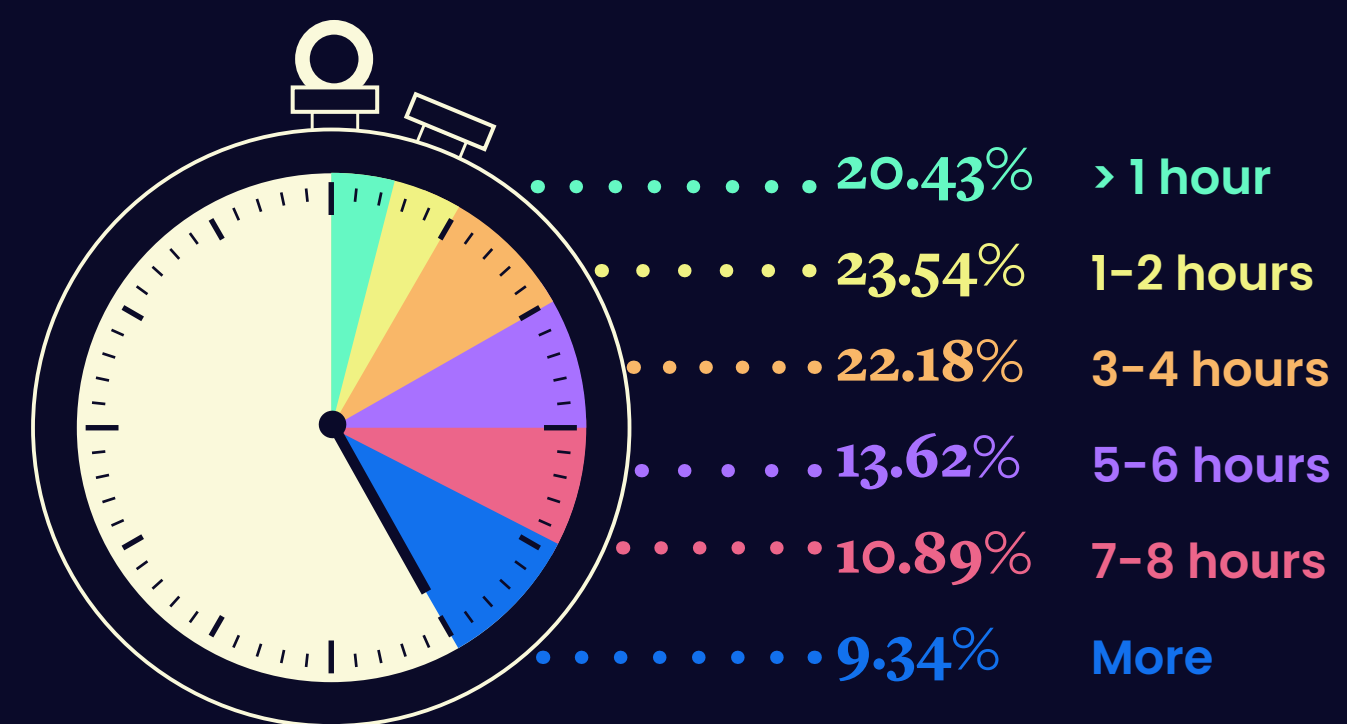
1/4
of all open responses!

TOP 5 MOBILE/ COMPUTER GAMES:

1 Witcher

2 Assassin's Creed

3 WoW

4 Gothic

5 Mass Effect

TOP 5 BOARD GAMES:

1 Catan

2 Chess

3 Terraforming Mars

4 Ticket to Ride

5 Monopoly

RINGIER AXEL SPRINGER TECH
TECHNOLOGY COMMUNICATIONS MANAGER
Małgorzata Kuś

At Ringier Axel Springer TECH, we're celebrating DevOps Day – we do it during the Programmer's Day, on the 256th day of the year. We cherish our deployed features and people who deployed them. We diversify the festivities each year, our most successful being: most frequently googled questions about and to developers and our first pandemic online meetup – **Tech Tournament**. We organized our own quiz show with a real studio, hosts, teams competing live, experts and – obviously – awards! The questions concerned our current products, biggest bugs, events from the life of our tech teams and general programming knowledge. The quiz show was watched live by 300 employees. Altogether, 17 teams (around 90 employees) participated in the Tech Tournament. The event was funny, engaging and surprising – at least that's what our participants said. This year, we're conducting a quiz "What type of a programmer you are" on our social media.
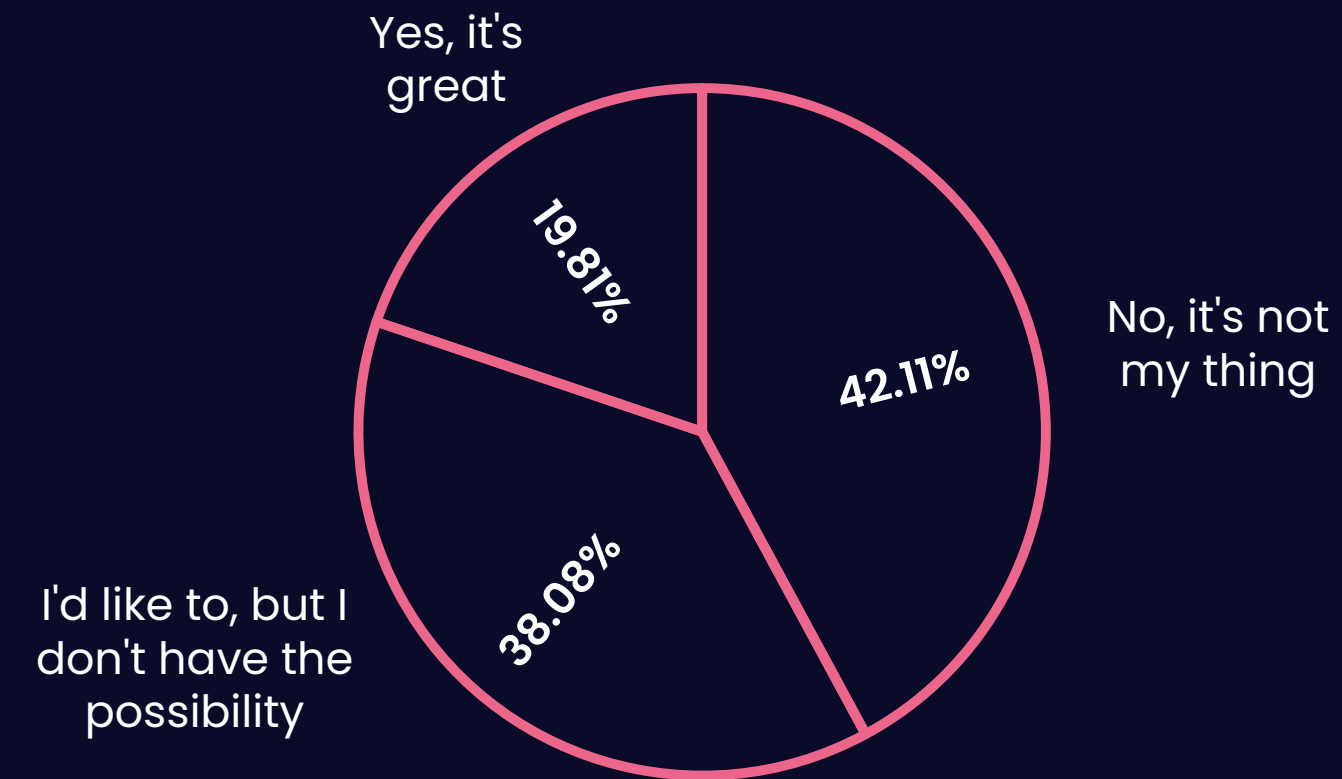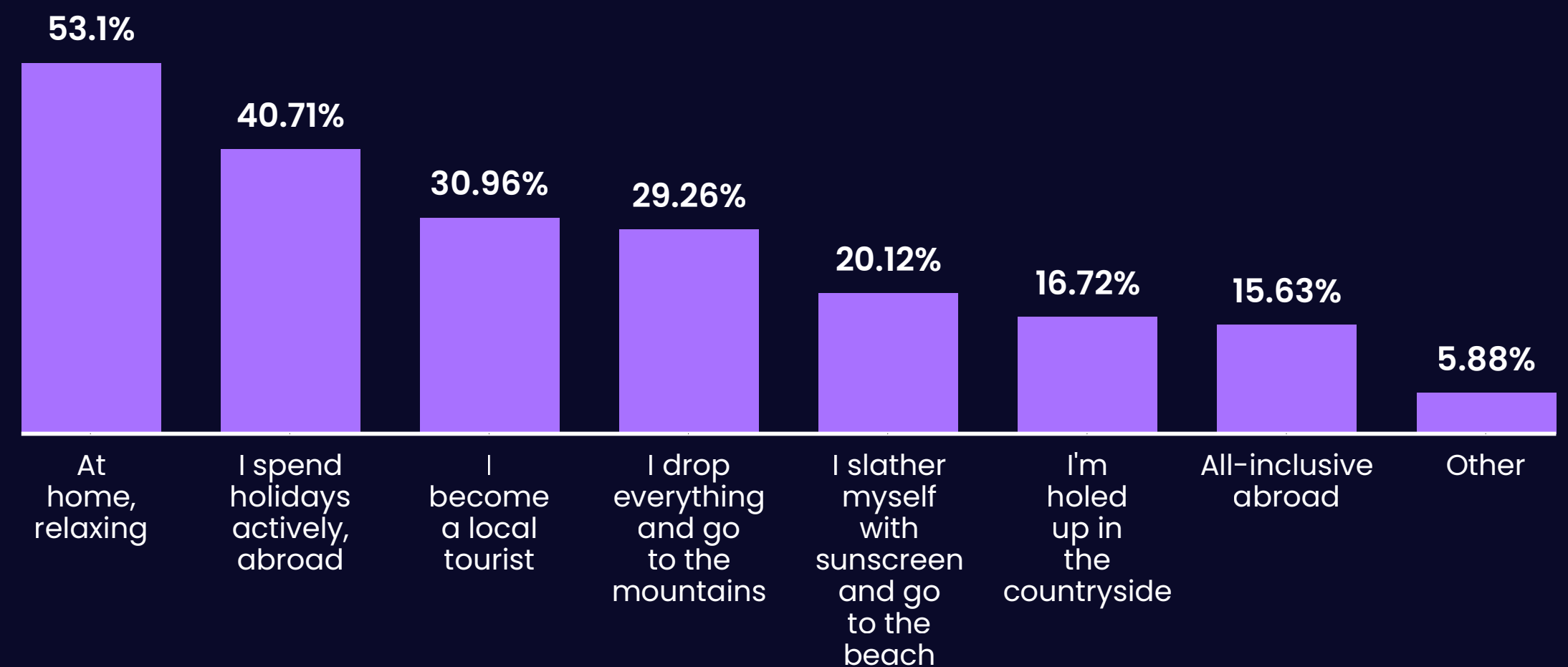
Holidays

East, West, home's best... Once a developer finally takes some time off, they like to hole up in the house and just relax. Well, at least half of them (53.1%). The other half (40.71%) prefer **active holidays abroad**. They also don't mind playing a **local tourist** or going to the **mountains.** Perhaps it's high time we stopped perpetuating a stereotype of the IT home bodies.

The job market has recently bloomed with new benefits such as **workation**, allowing professionals to fulfill their duties from any place in the world. It turns out that **38%** of developers would love to go on workation themselves but they don't have the possibility. Maybe companies should reconsider their list of perks and benefits? We've heard that fresh fruit in the office went out of date. ;)

Do you go on workation?

Yes, it's great

19.81%

No, it's not my thing

42.11%

I'd like to, but I don't have the possibility

38.08%

How do you usually spend your holiday? (multiple choice)

53.1% — At home, relaxing
40.71% — I spend holidays actively, abroad
30.96% — I become a local tourist
29.26% — I drop everything and go to the mountains
20.12% — I slather myself with sunscreen and go to the beach
16.72% — I'm holed up in the countryside
15.63% — All-inclusive abroad
5.88% — Other

When I found out that as an IT Recruiter in itCraft I can work fully remotely and do what I love after hours, I decided to go on a three-month vacation to Spain. In the afternoons and on the weekends I explored the Costa Blanca coast. I also had the chance to visit Valencia, Murcia, and Cartagena. Combining work with traveling became so fascinating that I started writing a book about it and created an Instagram account. Two of my colleagues took it even further and became digital nomads in Asia. Jakub, a Java Developer, bought one-way tickets to Indonesia with his wife before the pandemic and for the next 6 months they visited Malaysia, Thailand, Nepal, India, Vietnam, Myanmar and Cambodia. Krzysztof is a UX/UI Designer and for 7 months he has been working from various exotic places in the world. First, he spent half a year touring Bali, the Lombok Islands, Gili Islands, Komodo Islands and Nusa Penida. Now he's in Thailand, and in 2 weeks he's going to Vietnam. He appreciates the flexible working hours and likes living in that specific timezone, sometimes starting work at dawn and finishing early in the day. Though if need be, he works late into the evening. Krzysztof is planning to move to Los Angeles in late November, and then Mexico, to continue remote work and travel by his van in his free time.
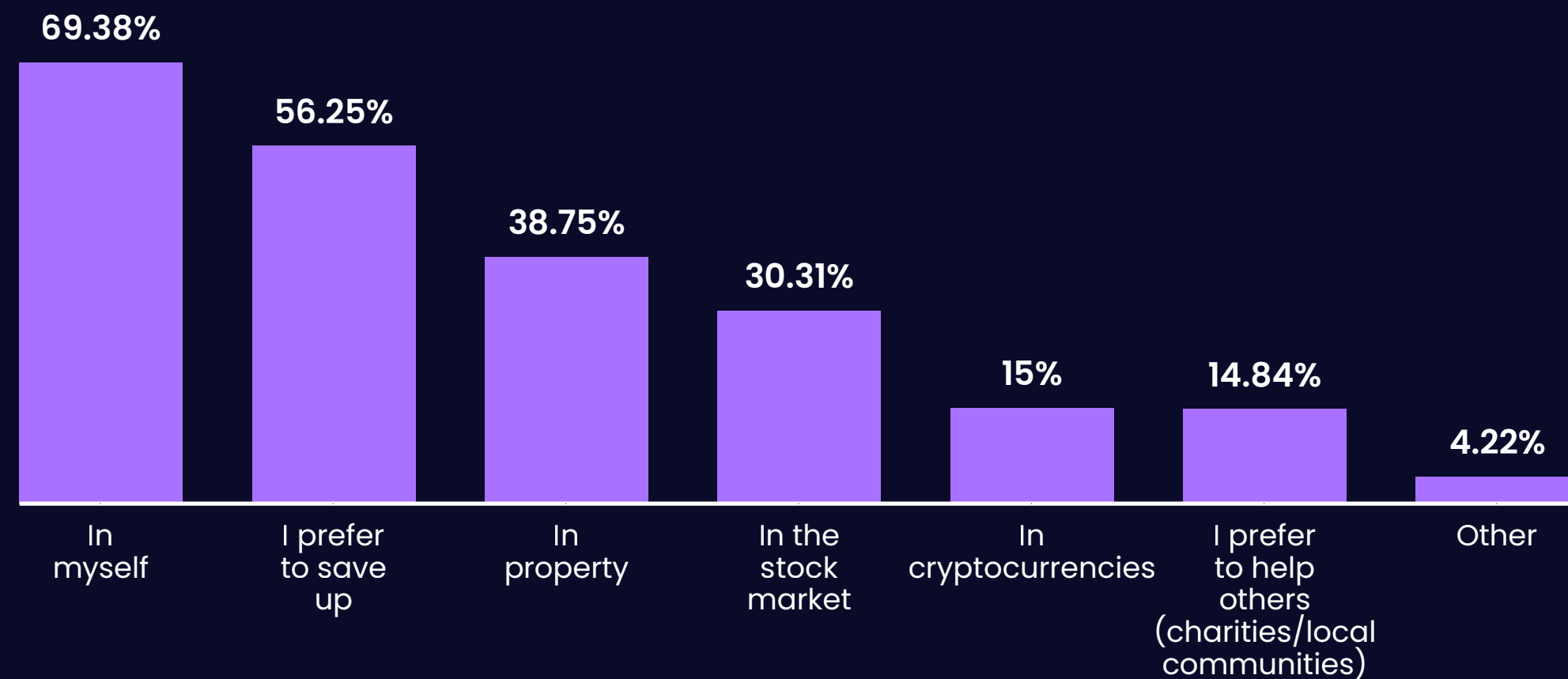
Investments

What developers value most? Themselves, which is a very healthy and worth-following attitude! **69.38%** respondents devote their money into **self-care**,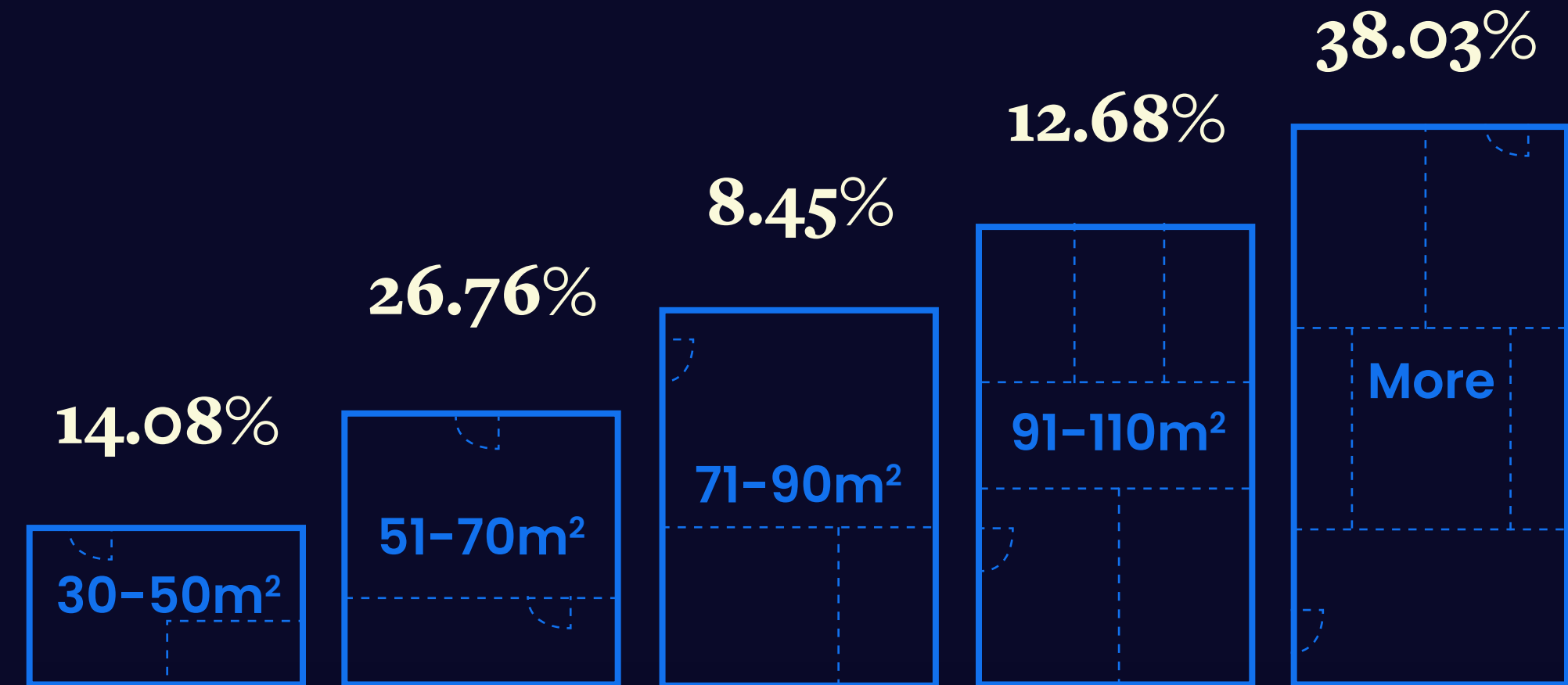 be it self-indulgence or self-development. Over half of them (**56.25%**) take a more down-to-earth approach and prefer to save up. There's also an impressive group of **property owners** (yes, we're jelly!) and coders with kind hearts who spend their resources on **helping others**.

What do you prefer to invest money in? (multiple choice)

- **69.38%** In myself
- **56.25%** I prefer to save up
- **38.75%** In property
- **30.31%** In the stock market
- **15%** In cryptocurrencies
- **14.84%** I prefer to help others (charities/local communities)
- **4.22%** Other

How many square meters in total do all your properties have?

- **14.08%** 30–50m²
- **26.76%** 51–70m²
- **8.45%** 71–90m²
- **12.68%** 91–110m²
- **38.03%** More

Developers off-duty

SPYROSOFT **LINE MANAGER**

Stefania Winkel

In Spyrosoft we treat every employee holistically, offering many development opportunities – from language courses, conferences, industry and technology training, to soft skills development. The development plan for the year is co-created directly with the dedicated Line Manager, who acts as a mentor taking care of the employee's needs, so that together they can design a tailored path of growth, based on transparent principles.

SNOWFLAKE **TECHNICAL RECRUITER**

Ania Jandy

Snowflake offers very diverse benefits that make you feel taken care of, such as consultations with a psychologist, mental coaching, support programs for adoption or IVF, paid holiday for non-birthing parents, and many others. Every day when I talk to candidates I notice how their attitudes change. They ask about completely different benefits than in the past.
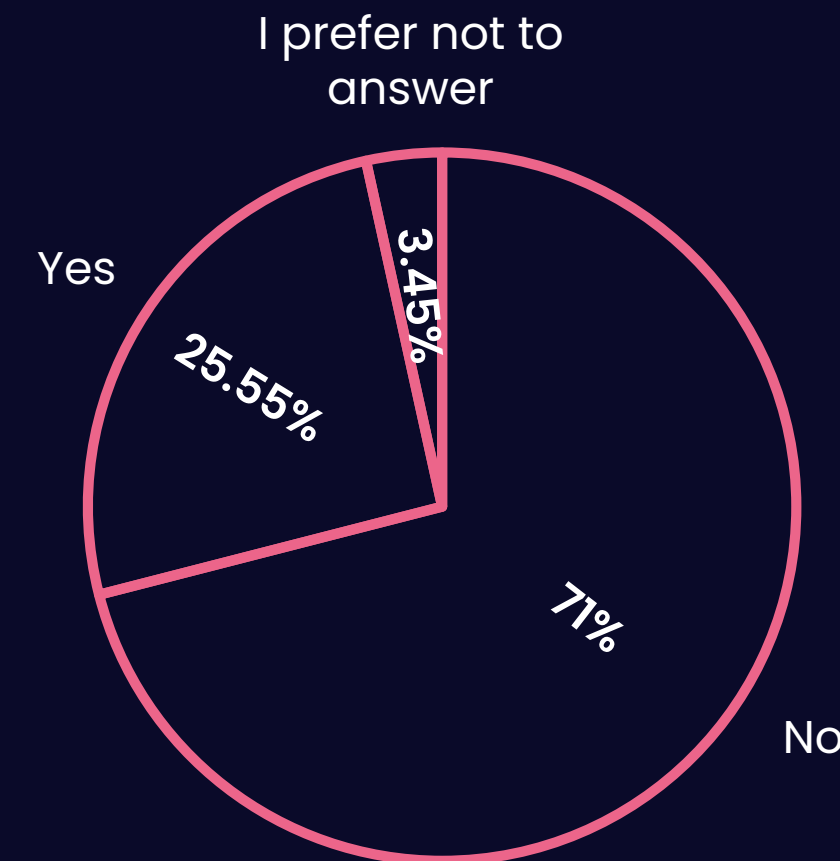
Dating life

Remember all these unfair and cringy jokes/campaigns/movie scenes presenting developers as socially awkward nerds who don't know how to behave around their crush? We hate them too. The reality is completely different – 71% of the surveyed declare being in a relationship. Most of them met their current partners at school/college, through mutual friends or a dating app.
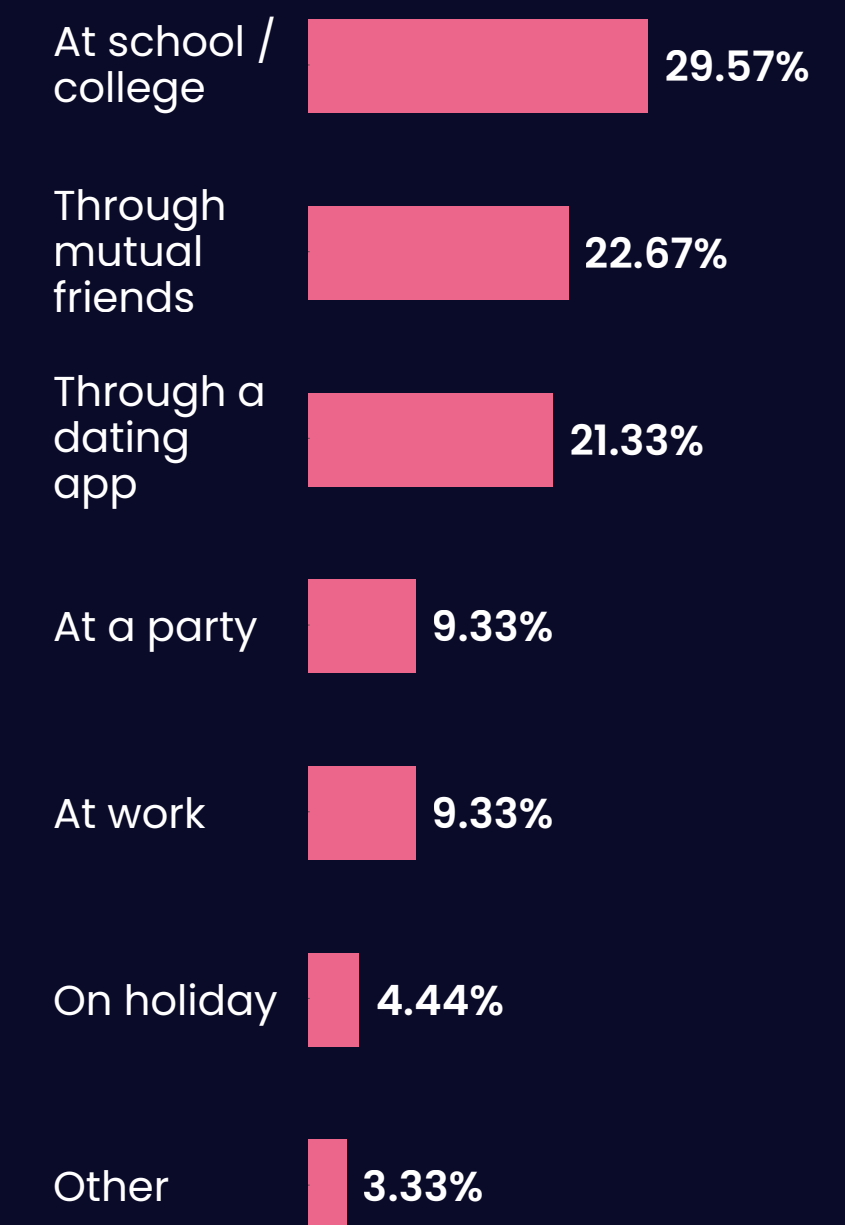
Our respondents shared some more meet-cutes such as:

- ♥ Pen and paper RPG session
- ♥ GitHub
- ♥ Hospital
- ♥ Salsa classes
- ♥ Church

Are you single?

I prefer not to answer

Yes

3.45%

25.55%

71%

No

Where did you meet your current partner?

At school / college **29.57%**

Through mutual friends **22.67%**

Through a dating app **21.33%**

At a party **9.33%**

At work **9.33%**

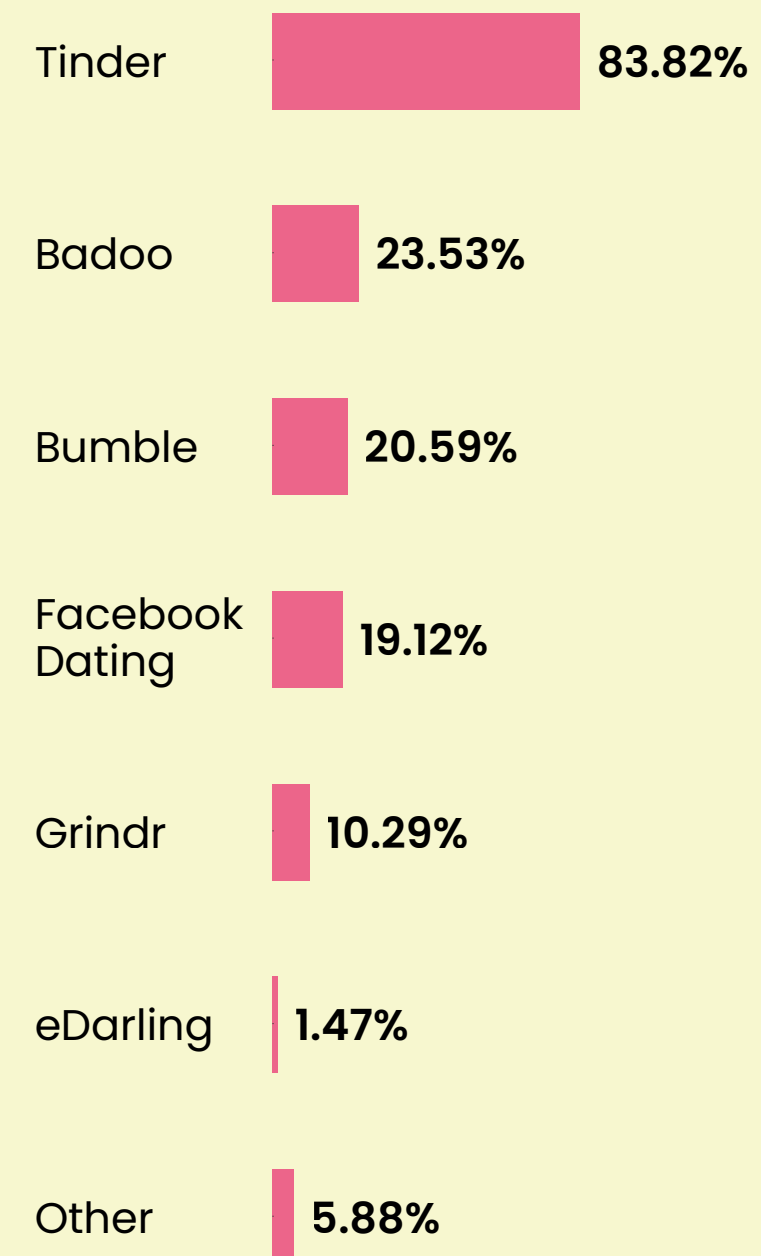On holiday **4.44%**

Other **3.33%**

Love life in IT

38.2% of our single respondents state that they use dating apps, naming, as expected, **Tinder** as their go-to resource.
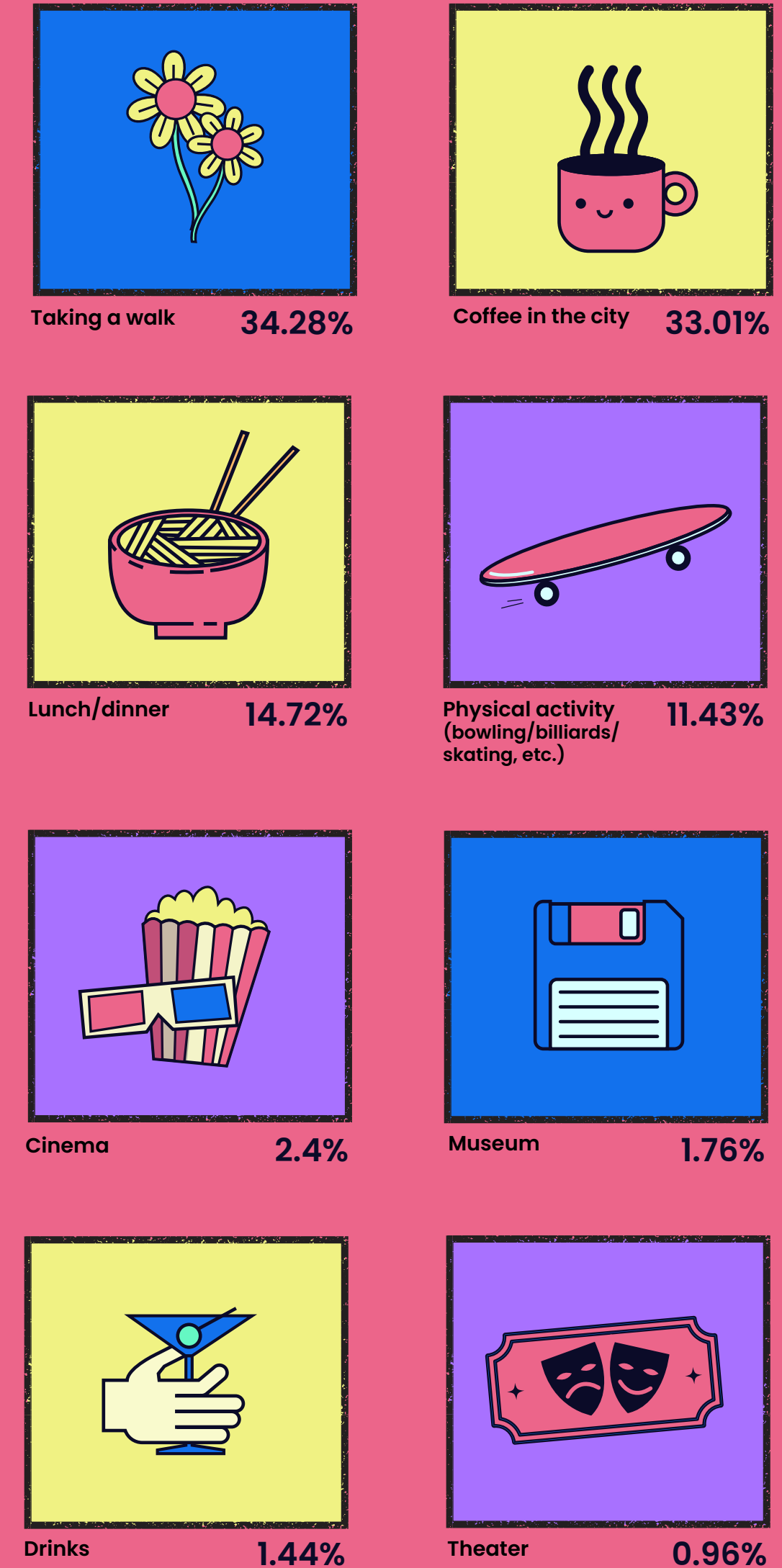
Once developers swipe right and make it a date, they don't need fireworks to have a good time. For starters, going for a walk or grabbing a cup of coffee sounds just right.

Which dating apps do you use most often?
(**multiple choice**)

App	Percentage
Tinder	**83.82%**
Badoo	**23.53%**
Bumble	**20.59%**
Facebook Dating	**19.12%**
Grindr	**10.29%**
eDarling	**1.47%**
Other	**5.88%**

The perfect first date is...

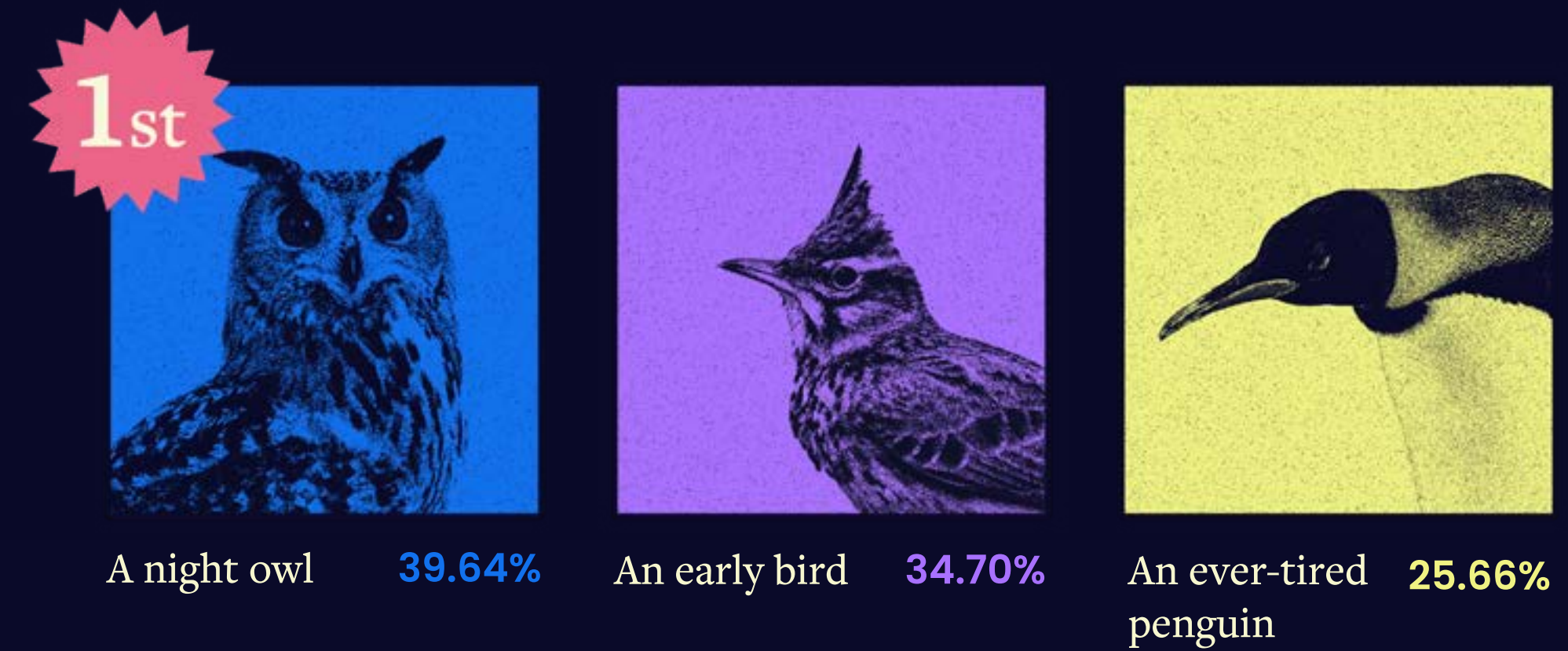|	
Taking a walk **34.28%**	Coffee in the city **33.01%**
Lunch/dinner **14.72%**	Physical activity (bowling/billiards/skating, etc.) **11.43%**
Cinema **2.4%**	Museum **1.76%**
Drinks **1.44%**	Theater **0.96%**

Lifestyle

The time has come to answer some burning questions!

In the upcoming section we will reveal if developers are dog or cat lovers. Which pet is more popular among coders – a spider or a fer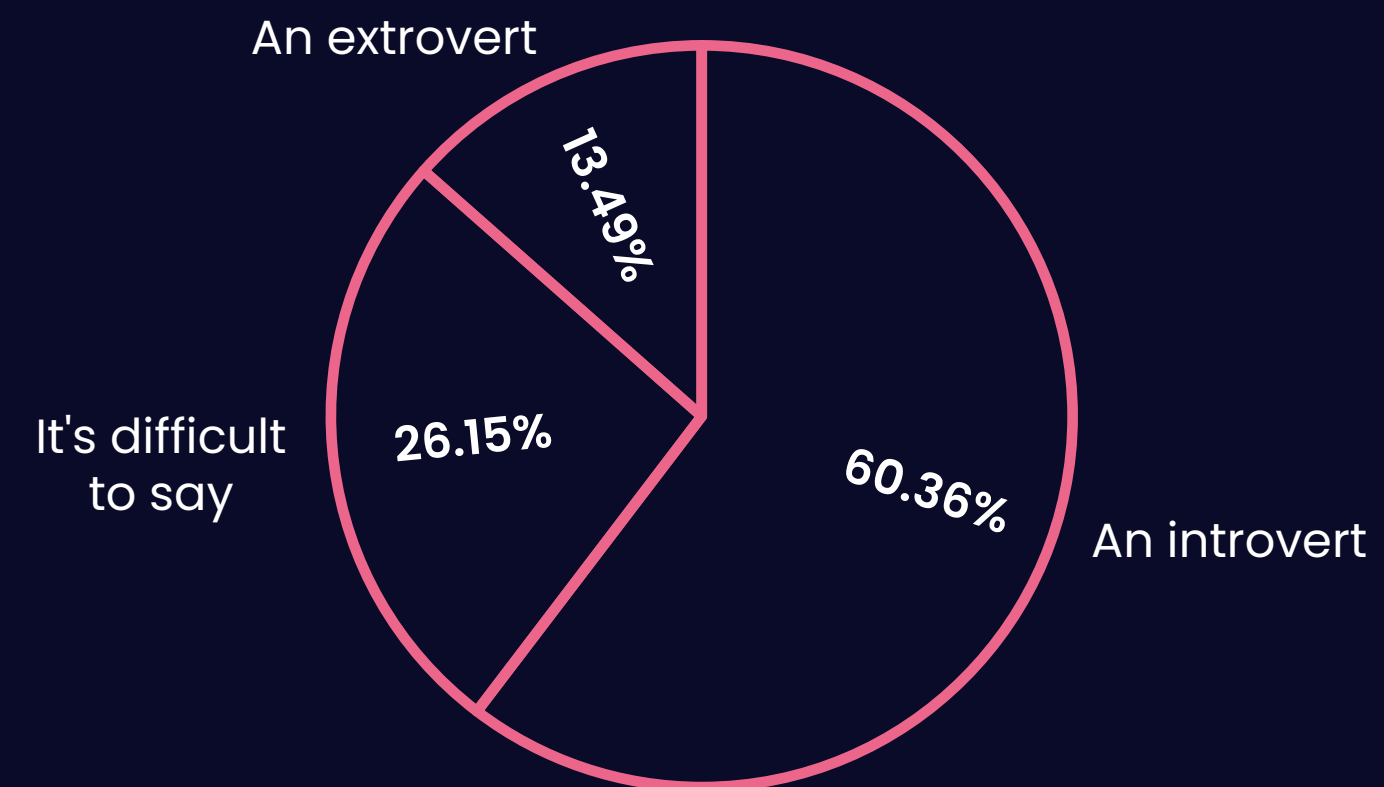ret? Do they really stay in their pajamas all day? Which app do they immerse themselves in most often (shocker)? Do they own Škoda or Audi?

Without further ado, let the data speak for itself!

I am:

1st

A night owl   **39.64%**

An early bird   **34.70%**

An ever-tired penguin   **25.66%**

I feel more:

An extrovert

13.49%

It's difficult to say

26.15%

60.36%

An introvert

Style

Casual outfits never go out of style. They beat comfy pajamas and (a less comfy) suit.

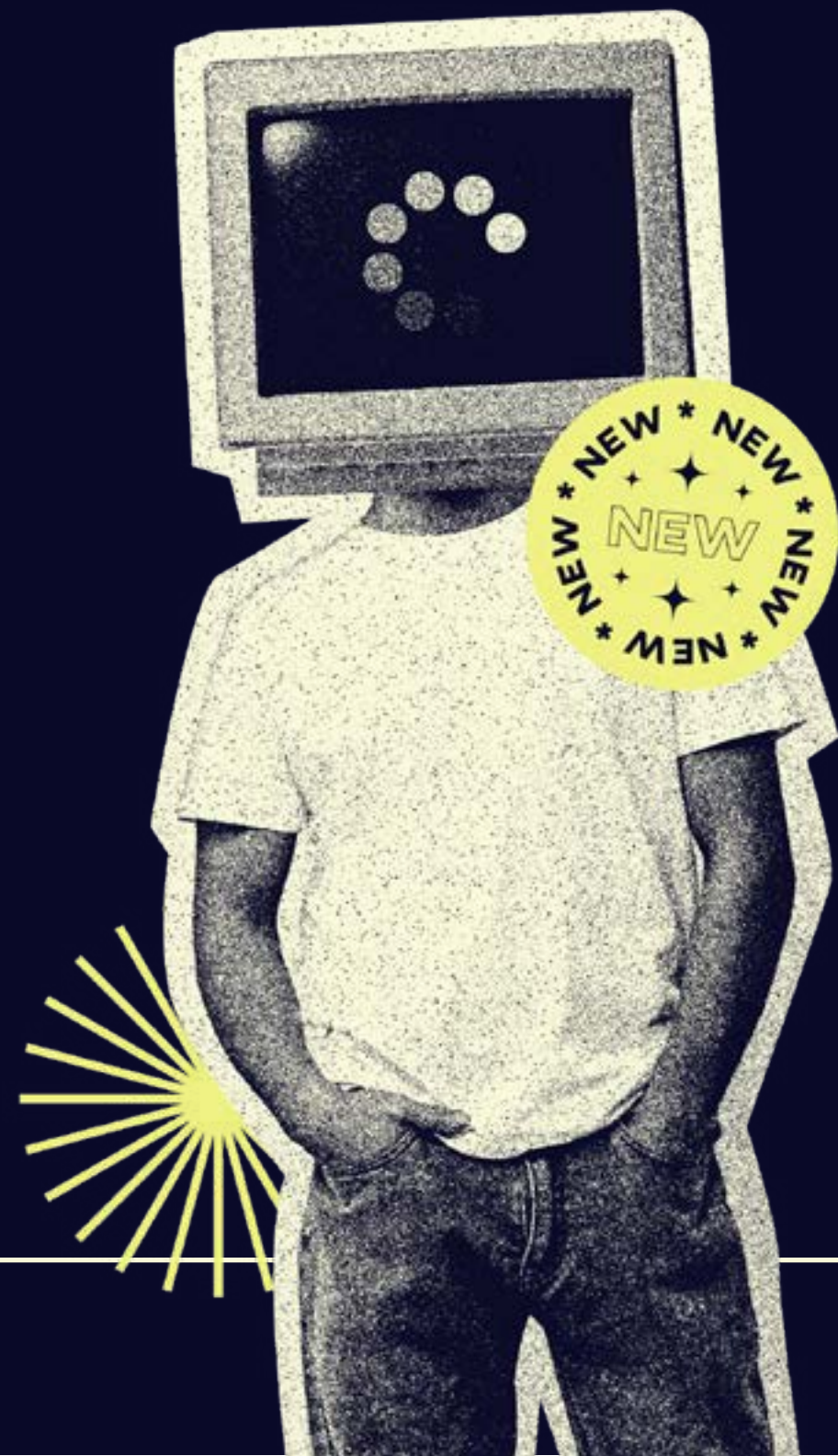## How would you describe your style of clothing?

Casual: jeans and a T-shirt — **56.9%**

Semi-casual: trousers and a shirt — **18.26%**

Casual sweatpants and sweatshirt — **13.49%**

Fancy sweatpants and sweatshirt ;) — **6.25%**

Pajamas — **3.13%**

Formal: a suit — **1.97%**

Pets

So it's settled! #TeamDogs has won by a hair!

Do you have a pet? If so, which one? (multiple choice)

I don't have a pet — **54.49%**

Dog — **24.36%**

Cat — **23.08%**

Fish — **2.4%**

Rabbit — **1.92%**

Guinea pig — **1.44%**

Parrot — **0.96%**

Hamster — **0.8%**

Lizard — **0.64%**

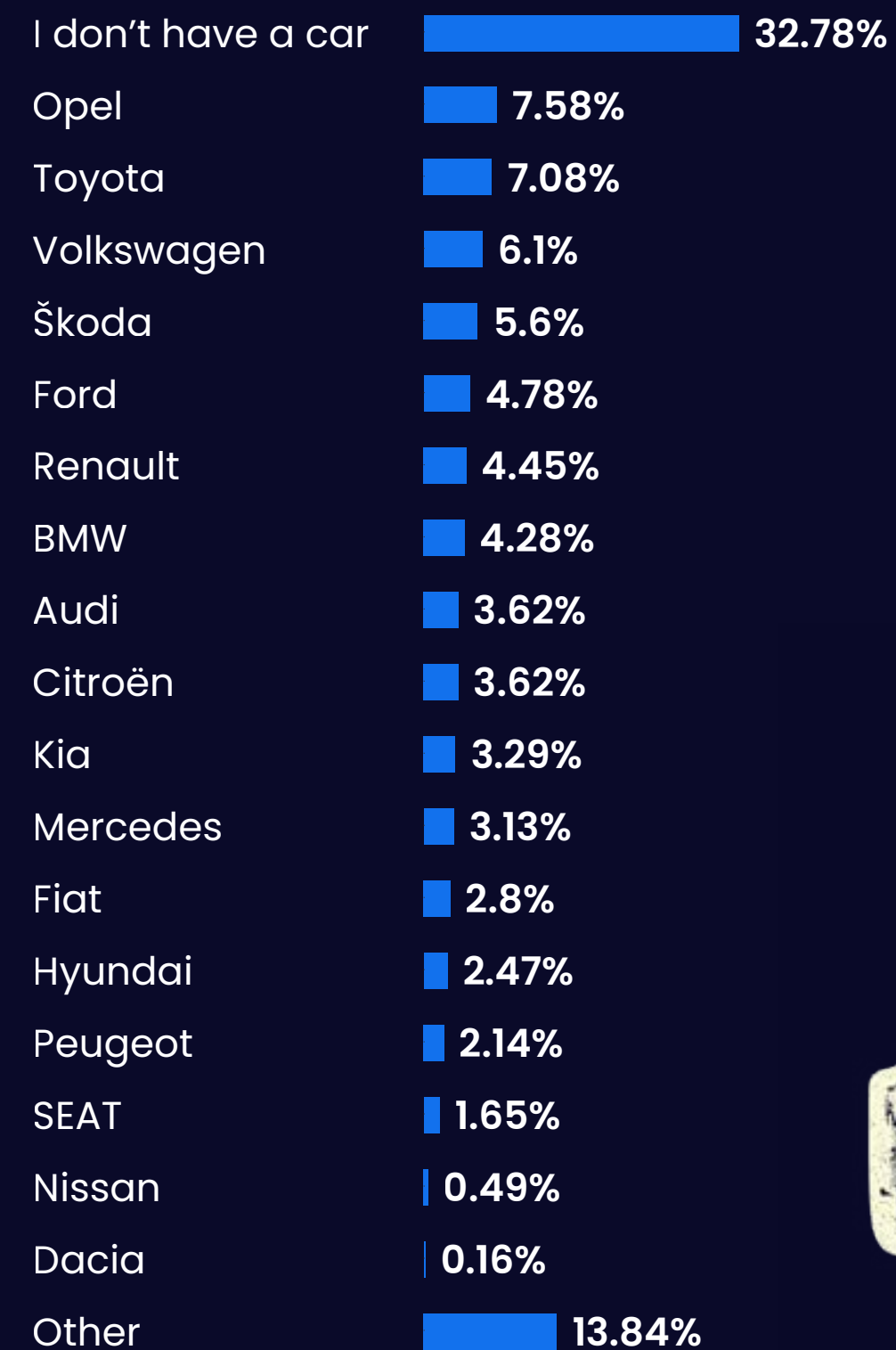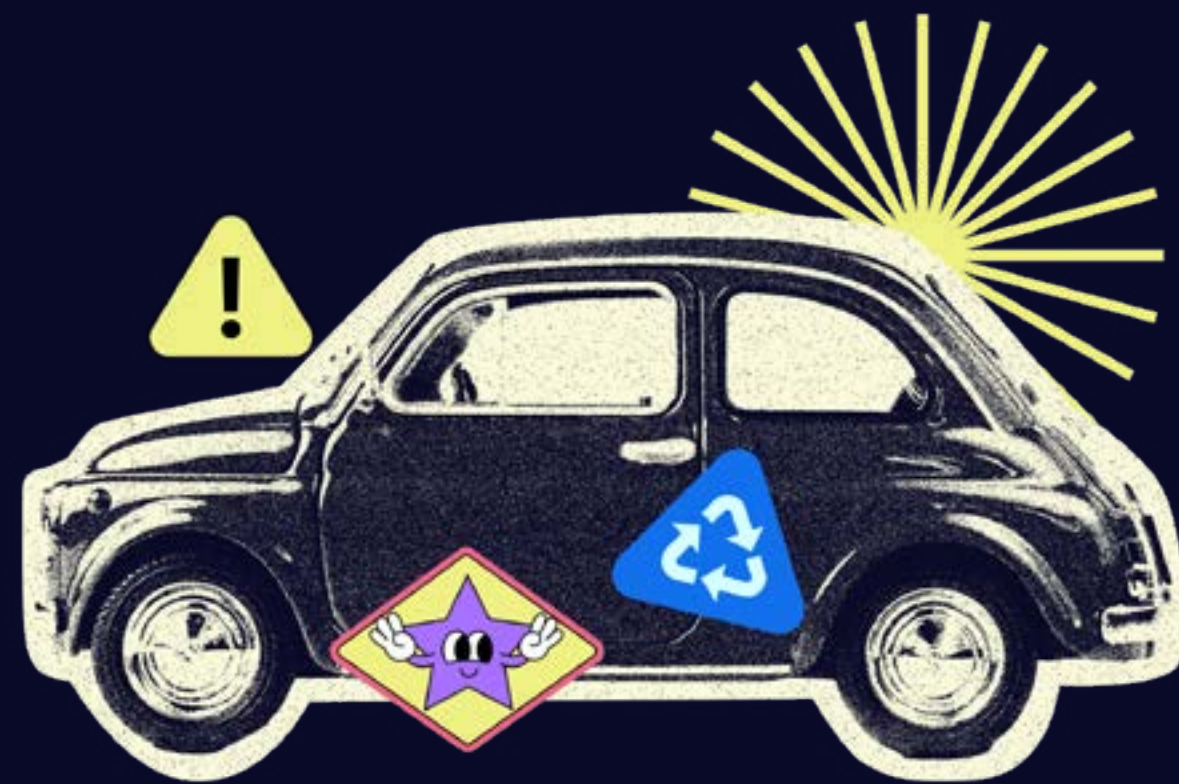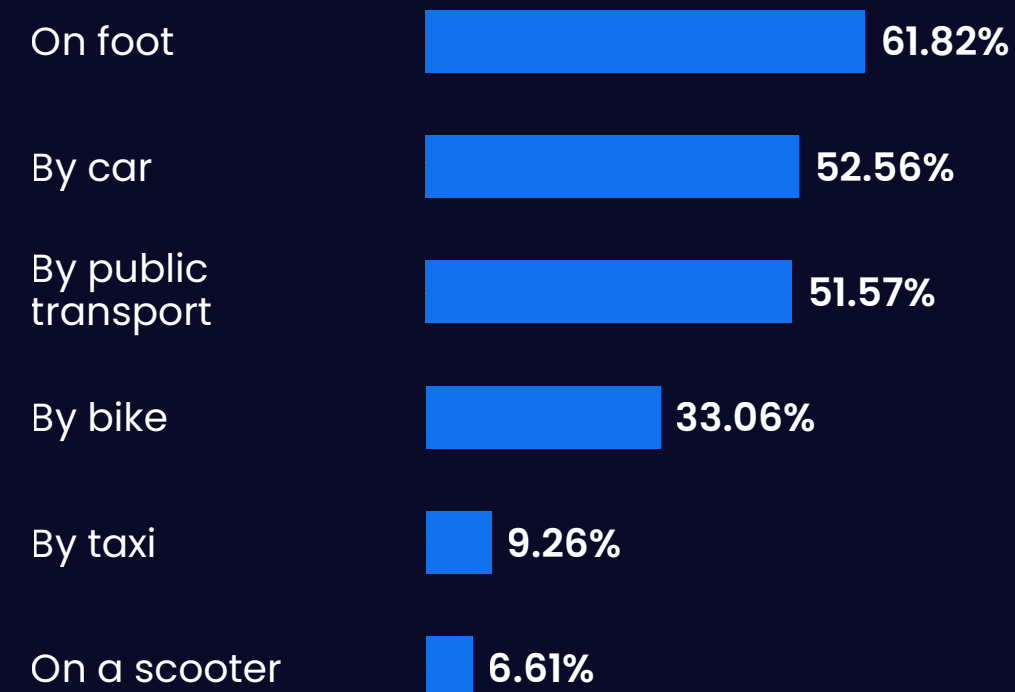Ferret — **0.32%**

Spider — **0.16%**
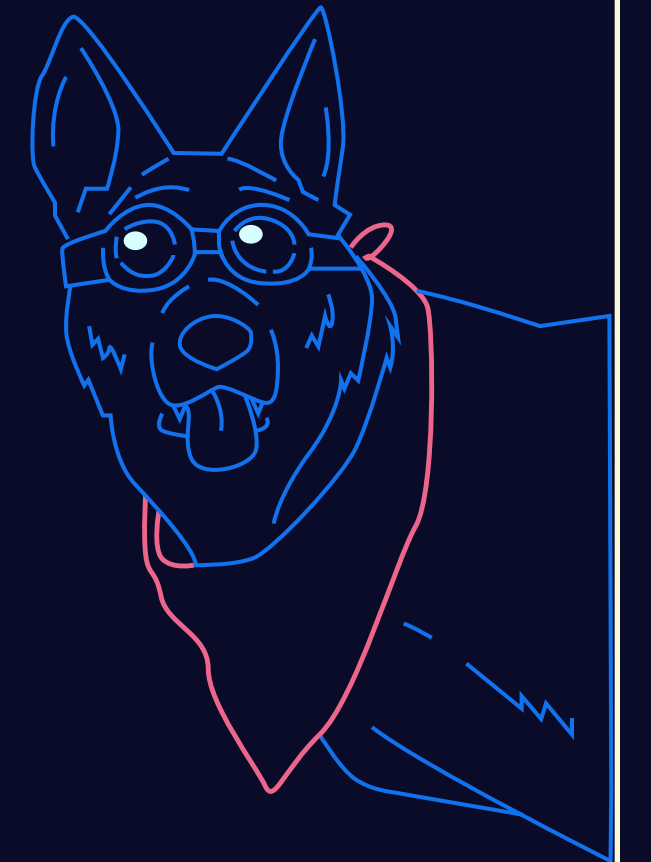
Commuting

One may think that developers with their not too shabby salaries would invest in vehicles. Surprise!

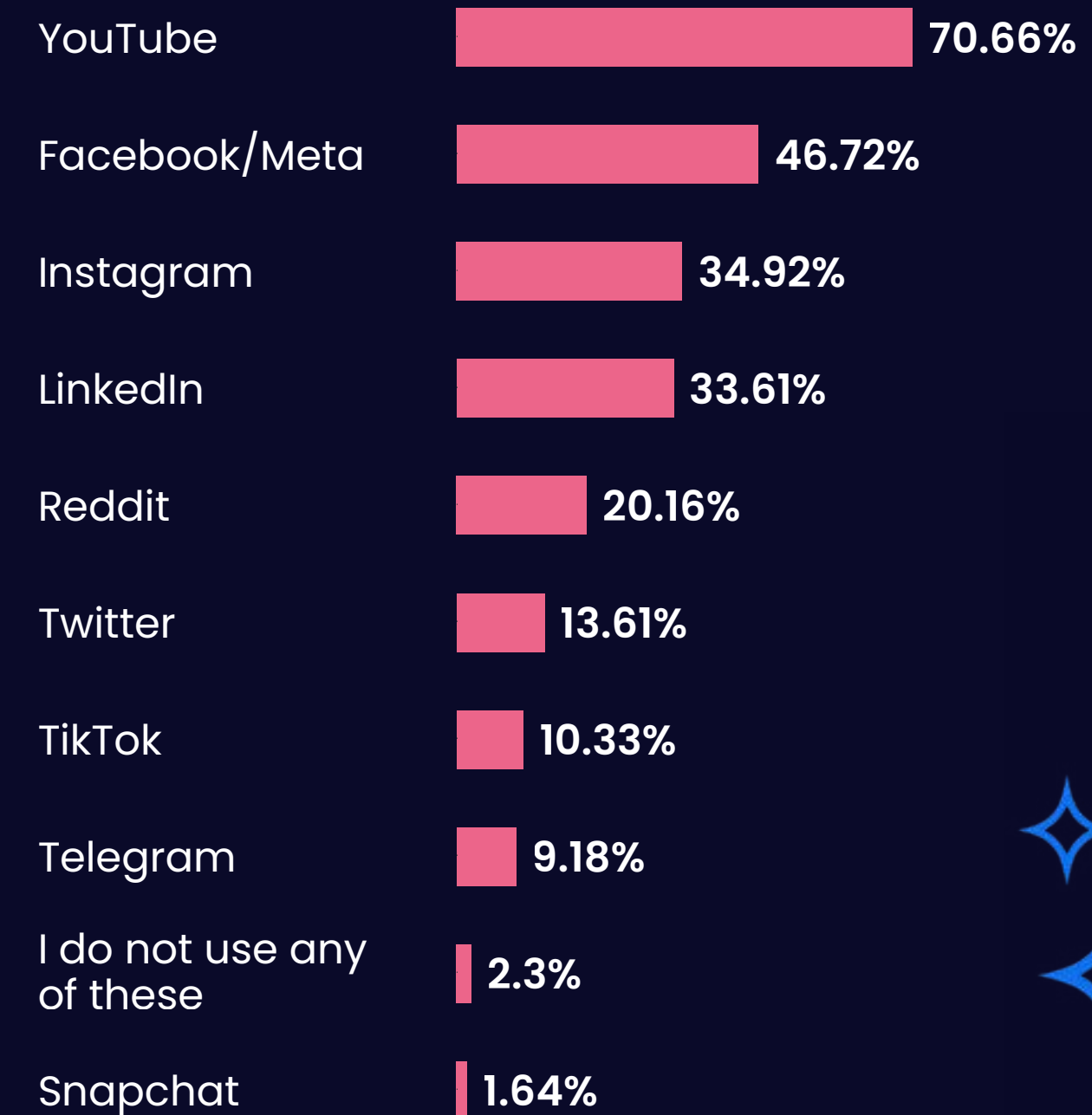## Do you have a car? If so, what brand is it? (multiple choice)

I don't have a car	32.78%
Opel	7.58%
Toyota	7.08%
Volkswagen	6.1%
Škoda	5.6%
Ford	4.78%
Renault	4.45%
BMW	4.28%
Audi	3.62%
Citroën	3.62%
Kia	3.29%
Mercedes	3.13%
Fiat	2.8%
Hyundai	2.47%
Peugeot	2.14%
SEAT	1.65%
Nissan	0.49%
Dacia	0.16%
Other	13.84%

How do you usually move around the city? (multiple choice)

On foot	61.82%
By car	52.56%
By public transport	51.57%
By bike	33.06%
By taxi	9.26%
On a scooter	6.61%

Apps

Good news for all recruiters! You can easily spot 1/3 of developers on LinkedIn. ;)

Which app do you use most often? (multiple choice)

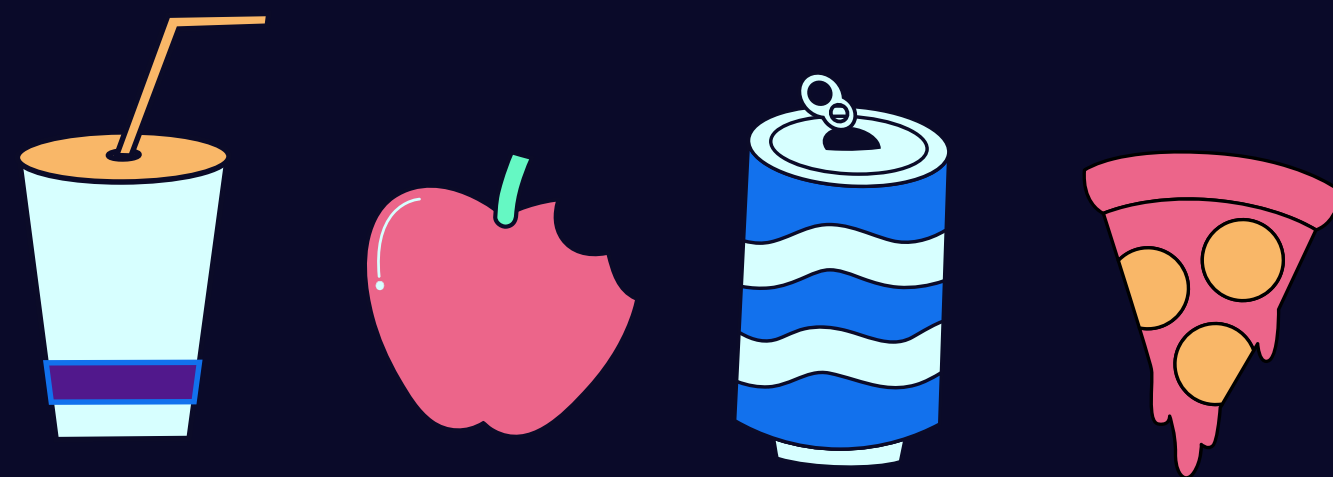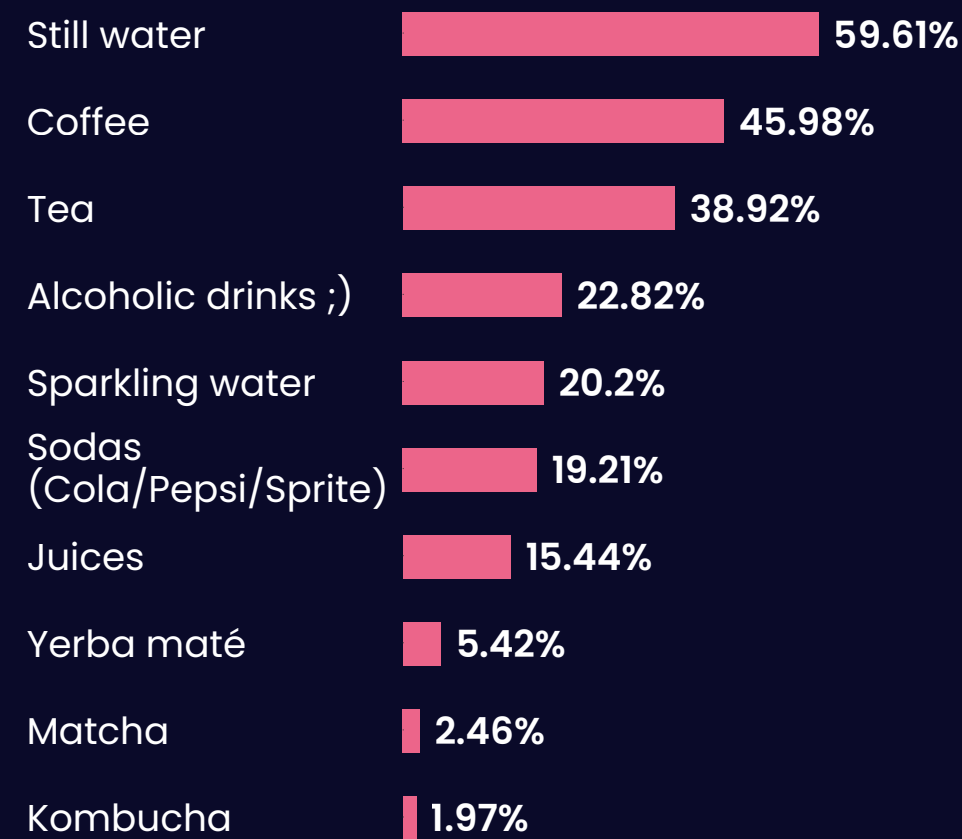|	
YouTube	70.66%
Facebook/Meta	46.72%
Instagram	34.92%
LinkedIn	33.61%
Reddit	20.16%
Twitter	13.61%
TikTok	10.33%
Telegram	9.18%
I do not use any of these	2.3%
Snapchat	1.64%

Food& drinks

Most developers **don't follow any diet**, with 76.23% of the respondents stating that they eat everything. Moreover, **71.8% of coders** cook and eat at home.

What about favorite drinks? Developers reach for still water – **59.61%** of all responses, in comparison to **19.21%** gained by sodas (huzza, another stereotype disproven).
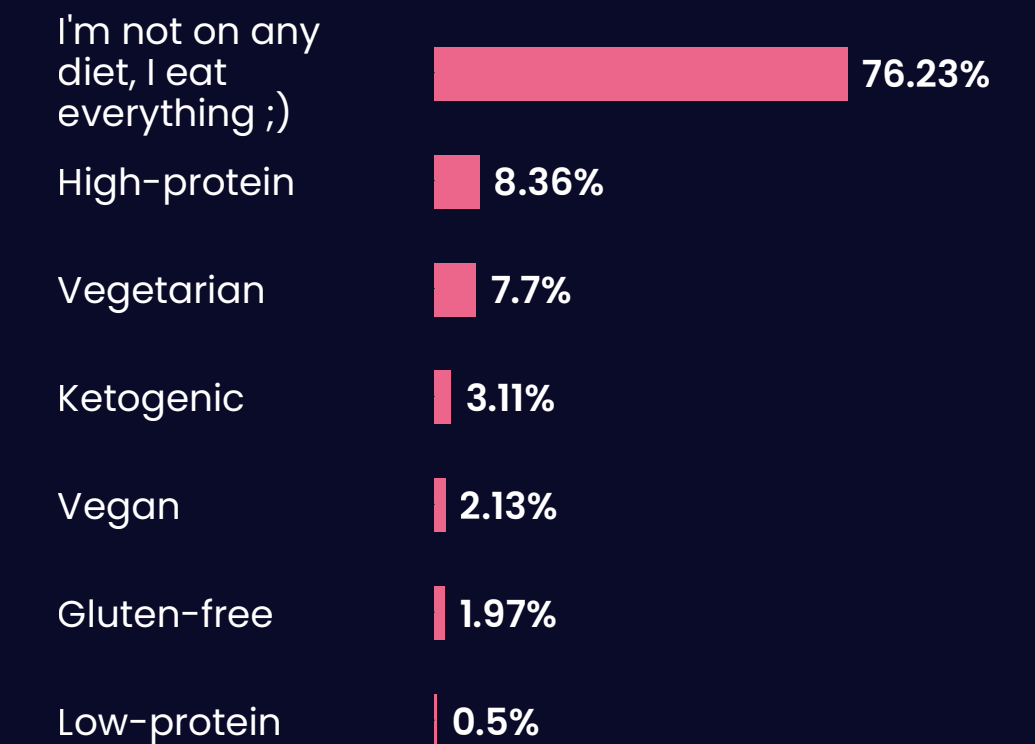
It turns out that a coder would sooner open a can of... beer than a can of Coke. Is it healthier? Probably not but it sounds like more fun!
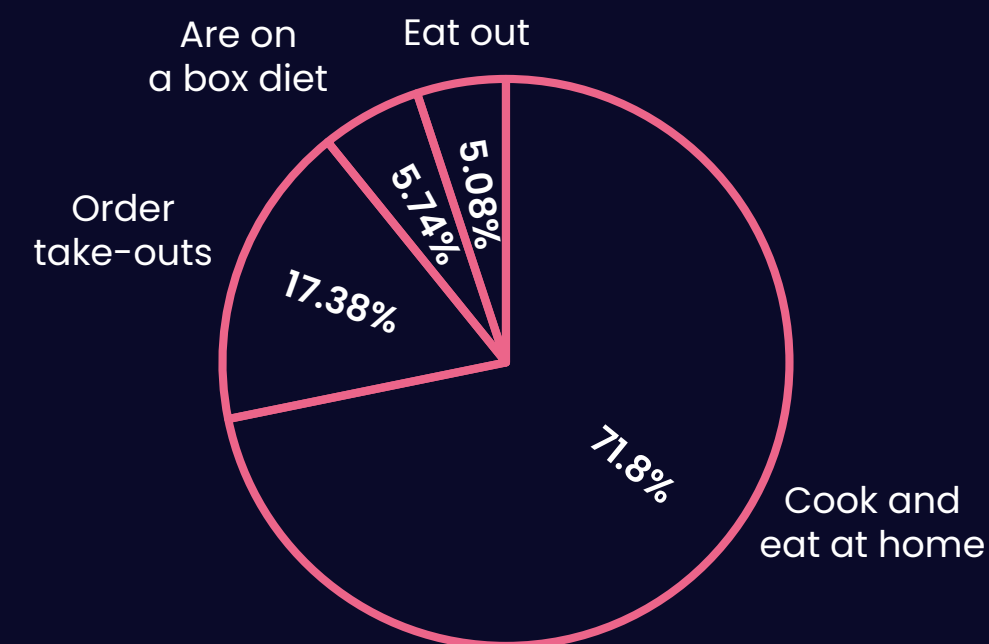
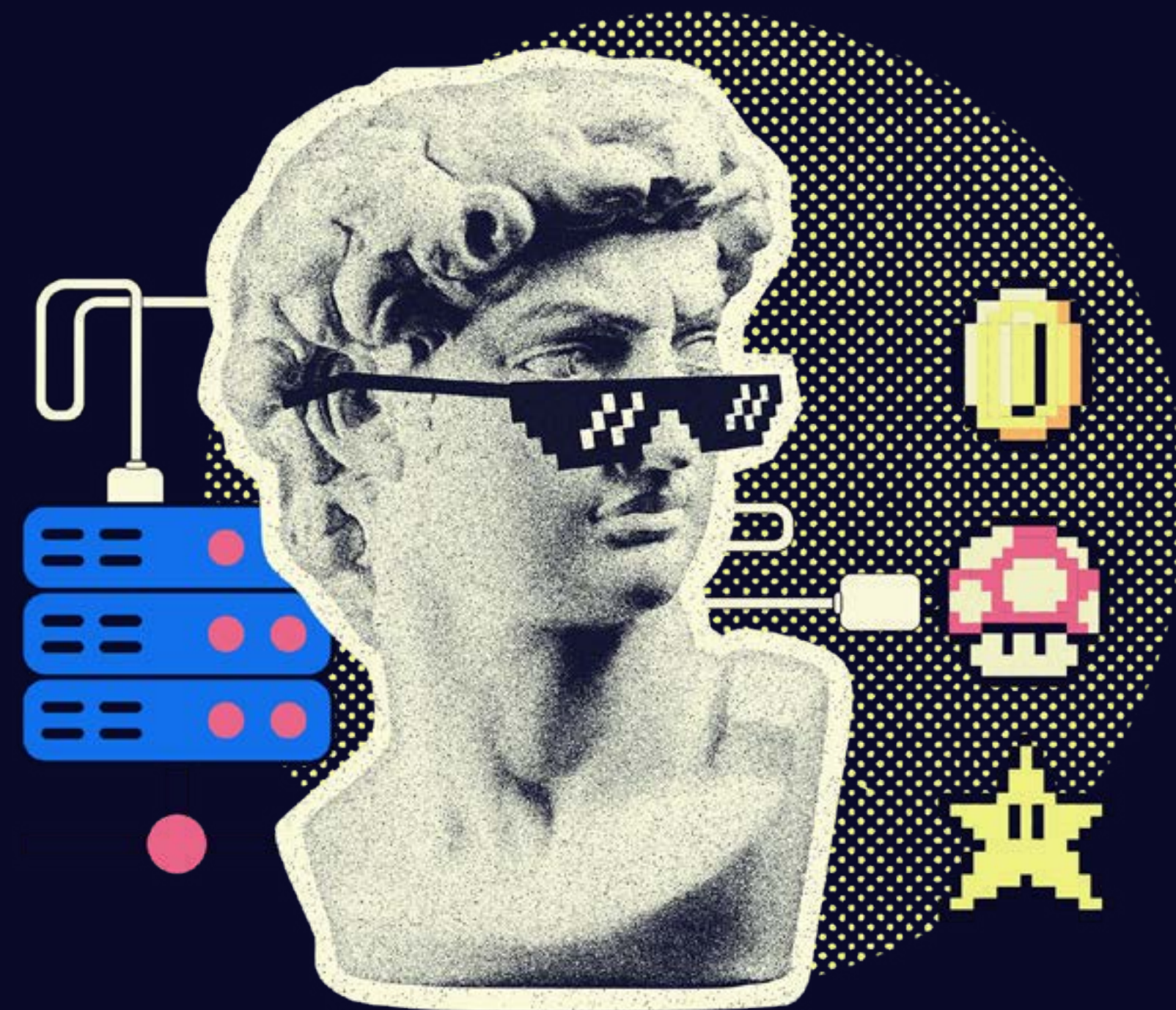## What do you drink most often after work? (multiple choice)

Still water	**59.61%**
Coffee	**45.98%**
Tea	**38.92%**
Alcoholic drinks ;)	**22.82%**
Sparkling water	**20.2%**
Sodas (Cola/Pepsi/Sprite)	**19.21%**
Juices	**15.44%**
Yerba maté	**5.42%**
Matcha	**2.46%**
Kombucha	**1.97%**

Are you on any diet? If so, what diet?

I'm not on any diet, I eat everything ;)	**76.23%**
High-protein	**8.36%**
Vegetarian	**7.7%**
Ketogenic	**3.11%**
Vegan	**2.13%**
Gluten-free	**1.97%**
Low-protein	**0.5%**

When it comes to food, you usually:

Are on a box diet — 5.74%
Eat out — 5.08%
Order take-outs — 17.38%
Cook and eat at home — 71.8%

It's time to wrap this issue up and say a few final words.

Firstly, all the best from the No Fluff Jobs team! May your code be clean, your Mondays easy and Zoom calls short and sweet.

Hopefully, we shed some light on the true silhouette of a present-day coder and proved them to be a group with a diverse lifestyle which includes long journeys, sports or self-development. Yes, some of them play games and enjoy evenings with Netflix, but it's just a small piece of the puzzle.

Thanks for being with us and choosing a transparent path of recruitment. See you next year!

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